

IDRX 9 -
Antommara *Misanin* Deposition
Transcript
(Public document)

IN THE UNITED STATES DISTRICT COURT
FOR THE DISTRICT OF SOUTH CAROLINA
CHARLESTON DIVISION

STERLING MISANIN, on his	:	
own behalf and on behalf of	:	
those similarly situated,	:	
et al.,	:	
	:	
Plaintiffs,	:	
	:	
v.	:	Case No.
	:	2:24-cv-04734-BHH
ALAN WILSON, in his	:	
official capacity as	:	
Attorney General of	:	
South Carolina, et al.,	:	
	:	
Defendants.	:	

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VIDEOTAPED DEPOSITION OF ARMAND AN TOMM MARIA, M.D.

- - - - -
Taken at Mt. Auburn Presbyterian Church
103 William Howard Taft Road
Cincinnati, Ohio 45219
October 22, 2024, 9:01 a.m.
Reported By: Susan M. Gee, RMR, CRR

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Magna Legal Services
866-624-6221
www.MagnaLS.com



REMOTE APPEARANCES

On behalf of the Plaintiffs:

SELENDY GAY PLLC
BY: ZACHARY SMITH, ESQUIRE
1290 Avenue of the Americas
New York, New York 10104
212.390.9000
zsmiht@selendygay.com

AMERICAN CIVIL LIBERTIES UNION
BY: SRUTI SWAMINATHAN, ESQUIRE
125 Broad Street, Floor 18
New York, New York 10004
212.549.2500
sswwaminathan@aclu.org

On behalf of Defendants:

COOPER & KIRK PLLC
BY: JOHN D. RAMER, ESQUIRE
1523 New Hampshire Avenue, N.W.
Washington, D.C. 20036
202.220.9621
jramer@cooperkirk.com

ALSO PRESENT: Jeff Sindiong, Videographer

EXHIBITS

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VIDEOGRAPHER: We are now on the record. This begins the video deposition of Dr. Armand Antommarmia in the matter of Sterling Misanin, et al., versus Alan Wilson, et al., in the United States District Court for the District of South Carolina, Charleston Division.

Today is Tuesday, October 22nd, 2024, and the time on the screen is 9:01 a.m. This deposition is being taken at Mt. Auburn Presbyterian Church, Cincinnati, Ohio, at the request of Cooper & Kirk, PLC. The videographer is Jeff Sindiong of Magna Legal Services, and the court reporter is Sue Gee of Magna Legal Services.

Will counsel and all parties present state their appearances and whom they represent?

MR. RAMER: John Ramer of Cooper & Kirk on behalf of defendants.

MR. SMITH: This is Zachary Smith with Selendy Gay on behalf of plaintiffs.

MR. SWAMINATHAN: This is Sruti Swaminathan with the ACLU on behalf of plaintiffs.

1 VIDEOGRAPHER: Anybody online? The
2 court reporter will swear in the witness, and
3 we may continue.

4 ARMAND AN TOMM MARIA, M.D.
5 of lawful age, a witness herein, being first duly
6 sworn as hereinafter certified, was examined and
7 deposed as follows:

8 CROSS-EXAMINATION

9 BY MR. RAMER:

10 Q. Good morning.

11 MR. SMITH: Sorry to interrupt,
12 Counsel. Before we get started, I wanted to
13 note for the record, the parties have yet to
14 reach an agreement as to whether the time
15 spent with Dr. Antommara will be taken from
16 the total seven hours that defendant have with
17 the witness, noting that plaintiffs' position
18 is that it will, and defendants' position is
19 that it will not.

20 MR. RAMER: And, yes, defendants agree
21 with your summary of the current agreement.

22 BY MR. RAMER:

23 Q. Good morning, Dr. Antommara.

24 A. Good morning.

25 Q. And, Doctor, I know you've been deposed

1 curriculum vitae or to the text of the declaration,
2 sir?

3 Q. Are there any changes to either of
4 those?

5 A. So there are minor changes, updates to
6 my curriculum vitae in terms of some of my
7 professional activities not related to my depositions,
8 and there are no, there are no -- there have been no
9 changes, corrections to my declaration.

10 Q. Have there been any additional
11 publications that you've published since the filing of
12 this on October -- excuse me, August 30?

13 A. One moment, please. So, no, there are
14 no new peer-reviewed publications since this was
15 filed, sir.

16 Q. And sticking with Exhibit 1, I'd like
17 to go to page 5 and paragraph 19 at the bottom.

18 A. Yes, sir.

19 Q. And there, you list your participation
20 in the case Boe v. Marshall; is that correct?

21 A. That is correct.

22 (Exhibit 2 was marked for
23 identification.)

24 BY MR. RAMER:

25 Q. Doctor, does this appear to be a

1 several times before, so this will be the usual drill,
2 but under the local rules, I'm supposed to instruct
3 you that you should ask me rather than your own
4 counsel for clarifications, definitions, or
5 explanations of any words, questions or documents
6 presented during the course of the deposition. Does
7 that make sense?

8 A. Yes, it does.

9 Q. And I'm going to aim for breaks roughly
10 on the hour. If at any time you need a break, please
11 just let me know. My only question -- or my only
12 request would be that you answer any pending questions
13 before we take that break. Does that make sense?

14 A. Yes, it does.

15 (Exhibit 1 was marked for
16 identification.)

17 BY MR. RAMER:

18 Q. Dr. Antommara, is this the declaration
19 that you've submitted in this case?

20 A. Yes, it is.

21 Q. Apart from any updates to appearances
22 or depositions with respect to litigation, are there
23 any corrections or updates to this declaration?

24 A. So you'd have to help me understand
25 what you mean. Do you mean specifically to my

1 transcript of your deposition in Boe versus Marshall?

2 A. One moment, please. It appears to be a
3 copy of my deposition absent the erratum that was
4 submitted.

5 (Exhibit 3 was marked for
6 identification.)

7 BY MR. RAMER:

8 Q. And, Doctor, you've been handed what's
9 been marked as Exhibit 3. Does this appear to be the
10 errata for your deposition in Boe versus Marshall?

11 A. It does, sir.

12 Q. And did you give truthful testimony
13 during your deposition in Boe versus Marshall?

14 A. I did, sir.

15 Q. You also testified at the preliminary
16 injunction hearing in that case, correct?

17 A. Yes, sir.

18 (Exhibit 4 was marked for
19 identification.)

20 BY MR. RAMER:

21 Q. And, Doctor, you've been handed what's
22 been marked as Exhibit 4. Does this appear to be a
23 transcript excerpt of your testimony from that
24 hearing?

25 A. One moment, sir. Yes, sir. It appears

1 to be.

2 Q. And did you give truthful testimony at
3 that hearing?

4 A. Yes, sir, I did.

5 Q. And returning to Exhibit 1, your
6 declaration, sticking with page 5, paragraph 19, you
7 also list Brandt v. Griffin, correct?

8 A. That's correct, sir.
9 (Exhibit 5 was marked for
10 identification.)

11 BY MR. RAMER:

12 Q. You've been handed what's been marked
13 as Exhibit 5. Does this appear to be a copy of a
14 report you submitted in that case?

15 A. It does appear to be one of the reports
16 that I submitted in that case, sir.

17 Q. And you testified at trial in that
18 case, correct?

19 A. I did, sir.
20 (Exhibit 6 was marked for
21 identification.)

22 BY MR. RAMER:

23 Q. You've been handed what's been marked
24 as Exhibit 6. Does this appear to be a transcript,
25 excerpt of your testimony at the trial in Brandt?

1 you've previously handed me had a table of contents.
2 It would have made it easier to verify what they were.
3 This one doesn't have that, sir.

4 Q. Does it appear to be a transcript,
5 excerpt of your testimony at the trial in Dekker?

6 A. That's what it appears to be, sir.

7 Q. And returning to Exhibit 1, your
8 declaration, page 6, you also list Noe versus Parson,
9 correct?

10 A. That's correct, sir.
11 (Exhibit 8 was marked for
12 identification.)

13 BY MR. RAMER:

14 Q. Doctor, you've been handed what's been
15 marked as Exhibit 8. Does this appear to be a copy of
16 the deposition transcript from Noe versus Parson?

17 A. Yes, sir, again excluding the errata.
18 (Exhibit 9 was marked for
19 identification.)

20 BY MR. RAMER:

21 Q. Doctor, you've been handed what's been
22 marked as Exhibit 9. Does this appear to be the
23 errata sheet for your deposition in Noe versus Parson?

24 A. Yes, sir. It appears to be the
25 multiple errata sheets for that deposition.

1 A. It does, sir.

2 Q. Did you give truthful testimony at the
3 Brandt trial?

4 A. Yes, sir, I did.

5 Q. Returning to Exhibit 1, which is your
6 declaration in this case, I'm going now to page 6, the
7 carryover paragraph. You list the Dekker,
8 D-e-k-k-e-r, case, correct?

9 A. I do, sir.

10 Q. And you testified at trial in Dekker,
11 correct?

12 A. That's correct, sir.
13 (Exhibit 7 was marked for
14 identification.)

15 BY MR. RAMER:

16 Q. Doctor, you've been handed what's been
17 marked as Exhibit 7. Does this appear to be a
18 transcript, excerpt of your testimony at the trial in
19 Dekker?

20 A. There's not a table of contents for
21 this, as there was for the others, sir.

22 Q. Okay. Does this appear to be a
23 transcript, excerpt of your testimony at the trial in
24 Dekker?

25 A. I'm asking the other documents that

1 Q. I may have forgotten to ask this. Did
2 you give truthful testimony at the Dekker trial?

3 A. Yes, sir, I did.

4 Q. And did you give truthful testimony
5 during your deposition in Noe versus Parson?

6 A. Yes, sir, I did.

7 Q. And you have also been deposed in Voe
8 versus Mansfield, correct?

9 A. Sir, that's the case for North
10 Carolina?

11 Q. Yes.

12 A. Thank you. Yes, sir, I have.
13 (Exhibit 10 was marked for
14 identification.)

15 BY MR. RAMER:

16 Q. Doctor, you've been handed what's been
17 marked as Exhibit 10. Does this appear to be a copy
18 of your deposition transcript from Voe versus
19 Mansfield?

20 A. Yes, sir, it does.
21 (Exhibit 11 was marked for
22 identification.)

23 BY MR. RAMER:

24 Q. Doctor, you've been handed what's been
25 marked as Exhibit 11. Does this appear to be a copy

1 of your errata sheet for your deposition in Voe versus
2 Mansfield?

3 A. Yes, sir, it does.

4 Q. And did you give truthful testimony
5 during your deposition in Voe versus Mansfield?

6 A. Yes, I did.

7 Q. Okay. Dr. Antommara, what did you do
8 to prepare for your deposition today?

9 A. To prepare for my deposition today, I
10 had a previous meeting with the lawyers who are
11 currently present, and I reviewed relevant material,
12 including my report.

13 Q. Was there anyone in the meeting other
14 than the two lawyers for plaintiffs who are in the
15 room today?

16 A. No, sir, there was not.

17 Q. And how many times did you meet with
18 them?

19 A. I met with them on one occasion, sir.

20 Q. And how long was that meeting?

21 A. Two hours, sir.

22 Q. And when did that meeting take place?

23 A. It occurred yesterday, sir.

24 Q. Did you read any documents to prepare
25 for the deposition?

1 A. So I did several Internet searches to
2 determine whether there were updates related to
3 relevant information such whether there was any
4 further information related to a clinical trial for
5 GrNH analogues in the United Kingdom, sir.

6 Q. And did you find any updates?

7 A. No, sir.

8 MR. SMITH: Objection to form.

9 A. No, sir, I did not.

10 BY MR. RAMER:

11 Q. Do you know Dr. Daniel Shumer?

12 A. I believe I've met Dr. Shumer on
13 occasions. So, yes, I've met him on several
14 occasions.

15 Q. When was the last time you spoke to
16 him?

17 A. I don't recall, sir.

18 Q. Was it within the last month?

19 A. I don't know, sir.

20 Q. Have you spoken with Dr. Schumer within
21 the last week?

22 A. No, sir, I have not.

23 Q. Dr. Antommara, you are not a
24 psychiatrist, correct?

25 A. I am not board certified in psychiatry,

1 A. I believe I stated, sir, that I
2 reviewed my report.

3 Q. By your "report," do you mean your
4 declaration, Exhibit 1?

5 A. Yes, my Exhibit 1, sir.

6 Q. And did you review any other documents
7 other than your declaration?

8 A. So and by "documents," you mean, sir?

9 Q. What's your understanding of the word
10 "document"?

11 A. In some contexts, a document would be a
12 printed paper, sir.

13 Q. Did you review any printed papers in
14 preparation for your deposition today?

15 A. No, sir, I did not.

16 Q. Did you review any electronic documents
17 in preparation for your deposition today?

18 MR. SMITH: Objection to form.

19 A. I did not review -- in addition to my
20 declaration, I reviewed -- so, again, what a document
21 is is somewhat confusing to me, but I reviewed the
22 statute at issue, sir.

23 BY MR. RAMER:

24 Q. Did you read anything else in
25 preparation for your deposition today?

1 sir.

2 Q. In your deposition in Noe versus
3 Parson, when you were asked, you are not a
4 psychiatrist, you answered correct. Right?

5 A. I would have to refer to the
6 transcript, sir.

7 Q. Let's go to Exhibit 8. Go to page 19.

8 A. I'm sorry, sir. When you refer to page
9 19, the quarter-size page 19?

10 Q. That's correct.

11 A. I'm there, sir.

12 Q. And line 11 through 13, you're asked,
13 "You're not a psychiatrist?" And your answer was,
14 "Correct." Right?

15 A. You read that correctly, sir.

16 Q. And you are not a psychologist,
17 correct?

18 A. Are you again reading from the
19 transcript or are you asking an independent question,
20 sir?

21 Q. No. I'm asking you. You're not a
22 psychologist, correct?

23 A. That would be correct, sir.

24 Q. And you're not a neuroscientist,
25 correct?

1 A. I do not have a current degree in
2 neuroscience, sir.

3 Q. And you are not an expert in cognition
4 or the study of cognitive development, correct?

5 MR. SMITH: Objection to form.

6 A. No, sir, I am not, although I have
7 knowledge related to aspects of cognition and
8 cognitive development as it relates to the field of
9 bioethics, sir.

10 BY MR. RAMER:

11 Q. You are not an endocrinologist,
12 correct?

13 A. I'm not board certified in the practice
14 of endocrinology, sir.

15 Q. Is that your understanding of what it
16 means to be an endocrinologist?

17 A. I think that that's one of the
18 potential understandings of what it means to be an
19 endocrinologist, sir.

20 Q. And is that your understanding?

21 A. I think that that's the common
22 understanding within the medical practice, sir.

23 Q. This year, you published your first
24 peer-reviewed publication relating to transgender
25 medicine, correct?

1 related to bioethics, and in that role, no, sir, I
2 have not been a principal investigator in a clinical
3 study related to the gender-affirming medical care.
4 BY MR. RAMER:

5 Q. As part of your professional duties,
6 you have no role in diagnosing gender dysphoria,
7 correct?

8 MR. SMITH: Objection to form.

9 A. I would say that I believe that that's
10 not an apt characterization, sir.

11 MR. SMITH: I'm not sure I heard your
12 answer. Could you repeat it?

13 A. I don't believe that that's an apt
14 characterization of my role as a pediatric
15 hospitalist, sir.

16 BY MR. RAMER:

17 Q. Do you diagnose gender dysphoria in
18 patients?

19 MR. SMITH: Objection to form.

20 A. So I do not provide the initial
21 clinical diagnosis of gender dysphoria for individuals
22 with the condition, sir.

23 BY MR. RAMER:

24 Q. And you do not actually treat patients
25 for gender dysphoria, correct?

1 A. I believe that that's an accurate
2 characterization. I have other publications related
3 to gender-affirming medical care, but those are not
4 peer-reviewed publications, sir.

5 Q. By the time you published that first
6 peer-reviewed publication relating to transgender
7 medicine, you had already served as an expert witness
8 in multiple cases involving legislative bans on
9 gender-affirming care, correct?

10 MR. SMITH: Objection to form.

11 A. So, sir, I have significant experience
12 related to ethical issues related to gender-affirming
13 medical care. My emphasis is as a bioethicist and
14 have previous publications related to gender-affirming
15 medical care prior to my service as an expert witness
16 but it is correct to say that my initial peer-reviewed
17 publication on the topic occurred after having
18 initially served as an expert witness, sir.

19 BY MR. RAMER:

20 Q. Doctor, you have not been an
21 investigator in any study of the safety or efficacy of
22 any hormonal interventions as a treatment for gender
23 dysphoria, correct?

24 MR. SMITH: Objection to form.

25 A. So I believe that my expertise is

1 MR. SMITH: Objection to form.

2 A. So in my role as a pediatric
3 hospitalist, I have admitted and cared for individuals
4 with gender dysphoria, sir.

5 BY MR. RAMER:

6 Q. You do not treat patients for gender
7 dysphoria, correct?

8 MR. SMITH: Objection to form.

9 A. So, sir, as those individuals are
10 admitted to the hospital and potentially receiving
11 concurrent care for their gender dysphoria as well as
12 the clinical indications that caused them to be
13 admitted to a pediatric hospitalist service, there are
14 ways in which I continue to provide their care for
15 gender dysphoria.

16 BY MR. RAMER:

17 Q. At trial in the Brandt case, you
18 testified that although you treat patients with gender
19 dysphoria, you do not treat them for gender dysphoria,
20 correct?

21 A. Would you please indicate where that
22 is, sir?

23 Q. I'm asking, first of all, did you say
24 that at trial in Brandt?

25 A. I don't recall, sir.

1 Q. Let's go to Exhibit 5. I'm sorry.
2 We'll go to Exhibit 6. We'll go to the page that has
3 411 at the top, and in lines 1 through 4, you state,
4 "So I do treat patients with gender dysphoria in my
5 clinical practice, as they present with other medical
6 conditions, but I do not treat them for gender
7 dysphoria per se." Correct?

8 A. You read that correctly, sir, but if
9 you would continue on, it says, "So if a patient was
10 admitted to the hospital who was currently on
11 medication, I would continue it during their
12 hospitalization." And so I would take it in part that
13 is treating their gender dysphoria.

14 Q. Then let's continue on to the next
15 page, 412. We'll go to line 6. And there, you said,
16 "So as a pediatrician, I don't treat patients for
17 gender dysphoria per se." Correct?

18 A. You read that correctly, sir. Again,
19 there are other qualifications to that statement I'll
20 swear in the testimony, sir.

21 Q. You do not provide clinical care at the
22 Transgender Health Clinic at Cincinnati Children's
23 Hospital, correct?

24 MR. SMITH: Objection to form.

25 A. And by "clinical care," may I ask what

1 And you answer, "So, sir, I think it's difficult for
2 me to state what occurs in the clinic, because I don't
3 provide clinical care in the clinic." Is that
4 correct?

5 A. You read that correctly, sir. So in
6 this context, clinical care would be providing --
7 being an individual who is assigned to the clinic and
8 provides ongoing care for patients within the clinic.
9 In other contexts, my role as an ethics consultant in
10 providing intermittent consultation within the clinic
11 might be understood to be a form of clinical care,
12 hence my ask, my request that you clarify how you
13 meant the term.

14 Q. And using the understanding of clinical
15 care that you first described just now, you do not
16 provide clinical care at the Transgender Health Clinic
17 at Cincinnati Children's Hospital, correct?

18 MR. SMITH: Objection to form.

19 A. So I'm not a faculty member assigned to
20 the clinic who provides ongoing continuity of care for
21 patients seen in the clinic, sir.

22 BY MR. RAMER:

23 Q. Using the understanding of clinical
24 care that you were using during your deposition in Noe
25 versus Parson, you do not provide clinical care at the

1 you mean, sir?

2 BY MR. RAMER:

3 Q. What's your understanding of the phrase
4 "clinical care."

5 A. Again, there are a variety of different
6 constructions that one could give to a term. One
7 possible construction would be to be a faculty or
8 staff member in regular attendance in the clinic who
9 provides ongoing care for patients seen in the clinic.

10 Q. If you used the phrase "clinical care,"
11 what would you mean by that?

12 A. It would depend on the context in which
13 I used the phrase, sir.

14 Q. In your deposition in Noe versus
15 Parson, you stated that you do not provide -- excuse
16 me. You stated that you do not provide clinical care
17 in the Transgender Health Clinic at Cincinnati
18 Children's Hospital, correct?

19 A. I don't recall, sir.

20 Q. Let's go to Exhibit 8, and go to page
21 100 of the small pages. I'd like to go to line 11.
22 Starting there, you're asked whether there's "any
23 requirement in that center that clinicians include
24 that a person's identity is of a permanent nature
25 before they provide gender-transition interventions."

1 Transgender Health Clinic at Cincinnati Children's
2 Hospital, correct?

3 MR. SMITH: Objection to form.

4 A. Correct, sir.

5 BY MR. RAMER:

6 Q. You do not make a determination whether
7 any particular patient should receive puberty blockers
8 as a treatment for gender dysphoria, correct?

9 MR. SMITH: Objection to form.

10 A. Can you repeat your question, sir?

11 BY MR. RAMER:

12 Q. You do not make a determination whether
13 any particular patient should receive puberty blockers
14 as a treatment for gender dysphoria, correct?

15 MR. SMITH: Same objection.

16 A. As a general claim, I think that that's
17 an accurate statement, sir.

18 BY MR. RAMER:

19 Q. Is there a more specific sense in which
20 that statement would not be accurate?

21 MR. SMITH: Objection to form.

22 A. So, again, in my role as a clinical
23 ethics consultant, there might be situations in which
24 I'm consulted and would address ethical issues related
25 to the use of GnRH analogues, which might influence

whether or not they are prescribed. But as a pediatric bioethicist, I do not make the initial determination as to whether an individual should be treated with gender -- with GnRH analogues.
BY MR. RAMER:

Q. And you do not make an initial determination whether any particular patient should receive cross-sex hormones as a treatment for gender dysphoria, correct?

MR. SMITH: Objection to form.

A. Again, with this and other qualifications, sir, I think that that's an accurate general claim.

BY MR. RAMER:

Q. And you do not make an initial determination whether any particular patient should receive surgery as a treatment for gender dysphoria, correct?

MR. SMITH: Objection to form.

A. Again, with the same qualifications, sir, I think that that is generally an accurate claim.

BY MR. RAMER:

Q. Excluding expert witness work, only about 3 to 5 percent of your professional time is committed to issues relating to gender-affirming care,

not related to my expert witness work but related to my role as an employee at Cincinnati Children's. So, again, it varies over time, sir.

Q. And you consult on ethical issues related to gender dysphoria for roughly two or three patients a year; is that right?

MR. SMITH: Objection to form.

A. If, by "consult," you mean conduct a formal clinical ethics consultation, the number of consultations that I receive in a given year varies, but that would be a generally accurate number.

BY MR. RAMER:

Q. Are you familiar with the phrase "transgender identity"?

MR. SMITH: Objection to form.

A. I'm more generally familiar with the term "gender identity," sir.

BY MR. RAMER:

Q. What does it mean to be transgender?

MR. SMITH: Objection to form.

A. In the broadest sense, it would be having a gender identity that differed from one's sex assigned at birth, sir.

BY MR. RAMER:

Q. Have you heard the term "gender

correct?

MR. SMITH: Objection to form.

A. So I think it is difficult to qualify what percentage of my time is spent on those topics during the time period in which I was writing the peer-reviewed manuscript to which you previously referred. A significant amount of my professional time was spent on related issues related to gender-affirming medical care, so it would depend on the time frame to which you're referring, sir.

BY MR. RAMER:

Q. In your deposition in Noe versus Parson, when you were asked what percent of your job duties are related to provision of what you call gender-affirming care, you answered that it would be maybe 3 to 5 percent of your time, correct?

A. I don't recall, sir.

Q. If you did say that, would that be wrong?

A. I think it may be an accurate reflection of the amount of time that I was spending at that particular point in time, sir. It varies over time. Say, in particular, recently with the implementation of Ohio's ban, a considerable -- a greater amount of my time was spent on these issues

incongruence"?

MR. SMITH: Objection to form.

A. Yes, sir, I have.

BY MR. RAMER:

Q. What is your understanding of that term?

A. My understanding of the term or one of my understandings of the term, sir, is that it's a code within the -- I'm going to forget the abbreviation momentarily, but of the nomenclature of diagnoses promulgated by the World Health Organization, sir.

Q. Are you thinking of the ICD?

A. Yes, sir. Thank you.

Q. Not all individuals who are transgender experience gender dysphoria, correct?

A. That is correct, sir.

Q. And not all individuals who experience gender incongruence experience gender dysphoria, correct?

A. So gender dysphoria is a specific diagnosis within the Diagnostic and Statistical Manual, and it would be correct that all individuals with gender incongruence do not necessarily experience gender dysphoria, sir.

1 Q. There is no lab test or blood test for
2 gender dysphoria, correct?

3 MR. SMITH: Objection to form.

4 A. As there are no lab tests or blood
5 tests for many medical diagnoses, that is correct.
6 There is no lab test or blood test for gender
7 dysphoria, sir.

8 BY MR. RAMER:

9 Q. You agree that in the last 15 years,
10 there has been an increase in the number of
11 adolescents in the United States presenting for
12 gender-affirming care, correct?

13 MR. SMITH: Objection to form.

14 A. It would be my understanding that in
15 the last several decades, the number of individuals
16 who've presented to health care institutions for
17 concerns related to gender dysphoria has increased,
18 sir.

19 BY MR. RAMER:

20 Q. And do you agree that we do not fully
21 understand what has caused that increase?

22 MR. SMITH: Objection to form.

23 A. So, again, sir, the epidemiology of
24 many medical conditions changes over time, as there
25 has been a significant increase in the number of

1 state that out of the four reasons for the changes in
2 what the literature might refer to as the sex ratio of
3 individuals diagnosed with gender dysphoria is not
4 fully known.

5 BY MR. RAMER:

6 Q. You agree that social and cultural
7 factors contribute to gender incongruence, correct?

8 MR. SMITH: Objection to form.

9 A. Can you repeat your question, sir?

10 BY MR. RAMER:

11 Q. You agree that social and cultural
12 factors contribute to gender incongruence, correct?

13 MR. SMITH: Same objection.

14 A. So I believe that the contributors to
15 gender incongruence are multifactorial and include
16 biological and potentially environmental factors. So,
17 yes, there are social and cultural factors that
18 influence the diagnosis of gender incongruence,
19 including the availability of sites that can provide
20 the diagnosis.

21 BY MR. RAMER:

22 Q. Can you explain what you mean by sites
23 available? I'm not sure I understood that.

24 A. One might have gender incongruence but
25 not have access to medical care in a way that allows

1 individuals who have been diagnosed with autism in the
2 last several decades. Yes, there's been an increase
3 in the number of individuals who've been diagnosed
4 with gender dysphoria. There are some explanations
5 for that increase, but a comprehensive view of the
6 explanations or a comprehensive set of explanations
7 doesn't currently exist.

8 BY MR. RAMER:

9 Q. Do you agree there has been a shift in
10 the epidemiology of adolescents diagnosed with gender
11 dysphoria from a majority of natal males to a majority
12 of natal females?

13 MR. SMITH: Objection to form.

14 A. So although I would not use the
15 terminology of natal males and natal females, I
16 believe that that's an accurate characterization of
17 the current epidemiology, sir.

18 BY MR. RAMER:

19 Q. And do you agree that we do not fully
20 understand what has caused that shift?

21 MR. SMITH: Objection to form.

22 A. So, again, similar to the situation
23 with the increase in diagnoses of autism, it is not
24 uncommon to have incomplete explanations for changes
25 in epidemiology, and, yes, I believe it's accurate to

1 that diagnosis to be provided, so one of the potential
2 social or cultural factors is the availability of
3 health care to provide that diagnosis, sir.

4 Q. How does the availability affect the
5 gender incongruence?

6 MR. SMITH: Objection to form.

7 A. Gender incongruence, sir, as we've
8 previously been discussing, is a medical diagnosis in
9 the ICD-9, so without a health care provider to
10 provide that diagnosis, it doesn't exist, sir.

11 BY MR. RAMER:

12 Q. Do you think a person could have
13 undiagnosed gender incongruence?

14 MR. SMITH: Objection to form.

15 A. I think that an individual could have a
16 transgender identity as you've previously utilized the
17 term, sir, without having a medical diagnosis of
18 gender incongruence.

19 BY MR. RAMER:

20 Q. Do you think a person could have
21 undiagnosed gender dysphoria?

22 MR. SMITH: Objection to form.

23 A. Yes, in the same way that someone could
24 have the symptoms of major depressive disorder but
25 never received a formal clinical diagnosis of major

1 depressive disorder. I think that an individual could
2 have the symptoms that would fulfill the diagnostic
3 criteria of gender dysphoria without having received
4 the medical diagnosis of gender dysphoria by a health
5 care provider, sir.

6 BY MR. RAMER:

7 Q. And so if that's true, then, the
8 availability of care does not actually contribute to
9 whether somebody does or does not have gender
10 dysphoria, correct?

11 MR. SMITH: Objection to form.

12 A. So having gender dysphoria, sir, I
13 think, is having the medical diagnosis of gender
14 dysphoria. So unless a provider gives that diagnosis,
15 I think there are ways in which they don't have gender
16 dysphoria, sir. One might describe it as having the
17 symptoms of gender dysphoria, but they've never
18 received the formal diagnosis, sir.

19 BY MR. RAMER:

20 Q. So then a person cannot have
21 undiagnosed gender dysphoria?

22 MR. SMITH: Objection to form.

23 A. So, again, I think that it is a -- so,
24 yes, as I think I've said, that they may have symptoms
25 of gender dysphoria, but they do not receive the

1 MR. SMITH: Objection to form.

2 A. Can you repeat your question, sir?

3 BY MR. RAMER:

4 Q. You agree that it's possible that
5 social transition in childhood could change the
6 trajectory of an individual's gender identity
7 development, correct?

8 MR. SMITH: Same objection.

9 A. So the potential effect of social
10 transition in childhood is outside of my expertise as
11 a pediatric hospitalist and as a bioethicist. I think
12 there are always a range of things that are possible
13 but that, determining how likely that possibility is,
14 is again outside of my expertise, sir.

15 BY MR. RAMER:

16 Q. You're aware of the hypothesis that
17 using puberty blockers to treat gender dysphoria may
18 alter the trajectory of gender identity development,
19 correct?

20 MR. SMITH: Objection to form.

21 A. I'm aware of that hypothesis, sir.

22 BY MR. RAMER:

23 Q. Do you agree that -- let me back up.

24 You agree that almost all patients put
25 on puberty blockers to treat gender dysphoria continue

1 formal diagnosis. One could qualify that in some ways
2 as undiagnosed gender dysphoria, but I take that as a
3 separate categorization than the initial question that
4 you asked about an individual having gender dysphoria.

5 BY MR. RAMER:

6 Q. Have you heard the term "social
7 transition"?

8 MR. SMITH: Objection to form.

9 A. I'm familiar with that term, sir.

10 BY MR. RAMER:

11 Q. What's your understanding of that term?

12 A. So we use the terms "sex assigned at
13 birth" and "gender identity." One of the other terms
14 that is used in the field is "gender expression,"
15 meaning the outward manifestation of someone's gender
16 identity, and my understanding would be of a social
17 transition is that it typically is used in the context
18 of referring from an individual changing from a gender
19 expression that's consistent with their sex assigned
20 at birth to a gender expression that manifests a
21 transgender identity.

22 Q. You agree that it's possible that
23 social transition in childhood could change the
24 trajectory of an individual's gender identity
25 development, correct?

1 on to cross-sex hormones, correct?

2 MR. SMITH: Objection to form.

3 A. It's my general understanding in the
4 literature, sir, that that is the case, that
5 individuals who, that the vast majority of individuals
6 who are treated with GnRH analogues do proceed to
7 treatment with gender-affirming hormone therapy.

8 BY MR. RAMER:

9 Q. You agree that the question of whether
10 beginning puberty blockers during adolescence
11 effectively locks patients into a treatment pathway is
12 an important one, correct?

13 MR. SMITH: Objection to form.

14 A. And by "important," sir, you mean what?

15 BY MR. RAMER:

16 Q. Significant, worth knowing.

17 A. I think that there are individuals who
18 have identified this issue as a hypothesis. I think
19 that there are many hypotheses that are being tested
20 in the field. I would say that I don't know that I
21 think that it's in the top five hypotheses, but I
22 think it's important to test or verify, sir.

23 Q. Do you think it's in the top 10?

24 A. I haven't given substantial thought to
25 that, sir.

1 Q. But you know it's not in the top five?

2 A. As I'm sitting here today and giving it
3 my initial consideration, sir, I would not say that,
4 of the important issues within the field, that it
5 would be within the top five, sir.

6 Q. You agree that that question is
7 methodologically difficult to answer, correct?

8 MR. SMITH: Objection to form.

9 A. So, sir, I haven't given significant
10 consideration as to how one would evaluate that
11 hypothesis methodologically.

12 BY MR. RAMER:

13 Q. In your deposition in Voe versus
14 Marshall, when you were asked whether you agree that
15 it is a difficult question whether the effect of
16 beginning puberty blockers during adolescence
17 effectively locks children and young people to a
18 treatment pathway, you said you would agree that it is
19 an important question and methodologically difficult
20 to answer, correct?

21 A. I don't recall, sir.

22 Q. Let's go to Exhibit 2. Go to little
23 page number 239 and lines 2 through 12. There, you
24 are asked, "Do you agree that it is a difficult
25 question whether the effect of beginning puberty

1 BY MR. RAMER:

2 Q. So you are not aware of a study that
3 disproves it; is that right?

4 A. That's correct, sir.

5 Q. And this next question is related but
6 perhaps from a different angle. Are you aware of any
7 study assessing the likelihood that an adolescent with
8 gender dysphoria at Tanner stage 2 will desist if the
9 individual does not begin puberty suppression?

10 MR. SMITH: Objection to form.

11 A. Sir, to make sure that I'm answering
12 the question that you asked, would you please repeat
13 it?

14 BY MR. RAMER:

15 Q. Are you aware of any study assessing
16 the likelihood that an adolescent with gender
17 dysphoria at Tanner stage 2 will desist if the
18 individual does not begin puberty suppression?

19 MR. SMITH: Same objection.

20 A. I'm not aware of a study that attempts
21 to evaluate the very specific question that you've
22 identified, sir.

23 BY MR. RAMER:

24 Q. Are you familiar with a distinction
25 between what's called childhood-onset gender dysphoria

1 blockers during adolescence effectively locks children
2 and young people to a treatment pathway?" And you
3 answered, "So I think it's difficult to assess the
4 statement in the Cass report that, quote, the most
5 difficult question is this one. But I would agree
6 that it is an important question and methodologically
7 difficult to answer." Did I read that correctly?

8 A. You did, sir.

9 Q. You are not aware of any study that has
10 disproven the hypothesis that using puberty blockers
11 to treat gender dysphoria may alter the trajectory of
12 gender-identity development, correct?

13 MR. SMITH: Objection to form.

14 A. Can you repeat your question, sir?

15 BY MR. RAMER:

16 Q. You are not aware of any study that has
17 disproven the hypothesis that using puberty blockers
18 to treat gender dysphoria may alter the trajectory of
19 gender-identity development, correct?

20 MR. SMITH: Same objection.

21 A. So, sir, when you initially asked the
22 question, you characterized it as a hypothesis, and I
23 agreed that it is a hypothesis. If I was aware of a
24 study that disproved it, it would no longer be a
25 hypothesis, sir.

1 and adult-onset gender dysphoria?

2 A. I'm generally familiar with that
3 distinction, sir.

4 Q. You do not know the typical sexual
5 orientation for individuals with childhood-onset
6 gender dysphoria, correct?

7 MR. SMITH: Objection to form.

8 A. Again, can you repeat the question,
9 sir?

10 BY MR. RAMER:

11 Q. You do not know the typical sexual
12 orientation for individuals with childhood-onset
13 gender dysphoria, correct?

14 MR. SMITH: Same objection.

15 A. I believe that that's correct, sir.

16 BY MR. RAMER:

17 Q. And you do not know the typical sexual
18 orientation for individuals with adult-onset gender
19 dysphoria, correct?

20 MR. SMITH: Objection to form.

21 A. That's correct, sir.

22 BY MR. RAMER:

23 Q. Do you agree that there is an
24 overrepresentation of individuals with an autism
25 spectrum disorder among children and adolescents with

1 gender dysphoria?

2 MR. SMITH: Objection to form.

3 A. And by "overrepresentation," you mean
4 what, sir?

5 BY MR. RAMER:

6 Q. Higher than in the standard population.

7 A. So, yes, sir, it's my understanding
8 that the percentage of individuals with gender
9 dysphoria who have autism is higher than the
10 percentage of individuals in the general population
11 who have autism.

12 Q. And we do not know why that is,
13 correct?

14 A. My understanding is that there are a
15 number of potential hypotheses for theories to provide
16 an explanation for that, but that is still an area of
17 active investigation.

18 Q. You are not aware of any study
19 assessing whether outcomes from puberty blockers or
20 cross-sex hormones as a treatment for gender dysphoria
21 are different for children with an autism spectrum
22 disorder, correct?

23 MR. SMITH: Objection to form.

24 A. I'm not aware of any studies that do
25 that specific subpopulation analyses, sir.

1 record. The time is 9:59.

2 (A recess was taken from 9:59 to
3 10:12.)

4 VIDEOGRAPHER: We are now back on the
5 record. The time is 10:12. You may continue.

6 BY MR. RAMER:

7 Q. Welcome back, Doctor. Switching gears
8 a little bit to talk about the medications at issue in
9 the case, and you agree that the use of puberty
10 blockers to treat gender dysphoria involves the risk
11 of diminished growth in bone density, correct?

12 MR. SMITH: Objection to form.

13 A. So the use of GrNH analogues for the
14 treatment of gender dysphoria results in a decreased
15 rate of bone mineral deposition during the course of
16 treatment, yes.

17 BY MR. RAMER:

18 Q. And you agree that it's currently
19 unclear if bone mineral density returns to normal
20 following hormone therapy, correct?

21 MR. SMITH: Objection to form.

22 A. I believe that the current literature
23 supports that bone mineral density returns to the
24 normal range with the use of gender-affirming hormone
25 therapy, but there is some degree of uncertainty about

1 BY MR. RAMER:

2 Q. In the context of gender dysphoria,
3 have you heard the term "gender fluidity"?

4 A. I've generally heard the term referred
5 to individuals who describe their gender identity as
6 gender fluid, sir.

7 Q. That term refers to individuals -- or
8 strike that.

9 That term refers to the experience of
10 an individual's gender identity changing over time,
11 correct?

12 A. I believe that's a correct
13 characterization, sir.

14 Q. In the context of gender dysphoria,
15 have you heard the term "nonbinary"?

16 A. Yes, sir.

17 Q. What is your understanding of that
18 term?

19 A. It would be individuals whose gender
20 identity is not identified as either solely masculine
21 or feminine, sir.

22 MR. RAMER: And, actually, I'm at a
23 pretty good breaking point, if you want to
24 take a break. Go off the record.

25 VIDEOGRAPHER: We are now going off

1 the matter.

2 BY MR. RAMER:

3 Q. So do you agree that it's currently
4 unclear if bone mineral density returns to normal
5 following hormone therapy?

6 MR. SMITH: Same objection.

7 A. So I think that the literature
8 generally supports that bone mineral density returns
9 to normal with the use of gender-affirming hormone
10 therapy. Again, I would not clarify that as unclear,
11 but it is based on the currently available -- my
12 conclusion is based on the currently available
13 evidence, which has some degree of limitation.

14 (Exhibit 12 was marked for
15 identification.)

16 BY MR. RAMER:

17 Q. Doctor, you've been handed what's been
18 marked as Exhibit 12. And is this the paper that you
19 published earlier this year entitled "Decision-Making
20 for Adolescents with Gender Dysphoria"?

21 A. Yes, it's the article with that title
22 that was published earlier this year by "Perspectives
23 in Biology and Medicine."

24 Q. I'd like to go to page 247.

25 A. One moment, please. Yes, sir.

Q. And under the heading "Risks," the second full sentence, I'm going to read it first and ask if I read it correctly. It says, "It is currently unclear if bone mineral density returns to 'normal' following hormone therapy." Did I read that correctly?

A. You did, sir.

Q. So you would actually characterize it as unclear, wouldn't you?

A. In the context of this article, I did, sir.

Q. And you agree that the effect, if any, of puberty blockers on brain development and cognitive function in humans is unknown, correct?

MR. SMITH: Objection to form.

A. Can you repeat your question, sir?

BY MR. RAMER:

Q. You agree that the effect, if any, of puberty blockers on the brain development and cognitive function in humans is unknown, correct?

A. So, sir, I would say that based on clinical experience with the use of GnRH analogues for the treatment of a variety of conditions, there are things that we know about their effects, so I don't know that I think that your characterization is

general is true, but there is substantially more that can be said about the topic of GnRH analogues' potential effect on brain development and could be explained in this manuscript, sir, or this published paper, sir.

Q. The use of testosterone as a treatment for gender dysphoria involves cardiovascular risks such as heart attack, correct?

MR. SMITH: Objection to form.

A. Yes, sir.

BY MR. RAMER:

Q. And it also involves the risk of stroke, correct?

A. Yes, sir.

Q. The use of estrogen as a treatment for gender dysphoria involves the risks of -- let me start again. The use of estrogen as a treatment for gender dysphoria involves the risk of blood clots, including those that could cause heart attack or stroke, correct?

MR. SMITH: Objection to form.

A. Yes, sir.

BY MR. RAMER:

Q. And both testosterone and estrogen, when used as a treatment for gender dysphoria, involve

unknown is an accurate characterization of the existing state of the knowledge.

Q. Going to Exhibit 12, which is your paper, I'd like to go to page 248 and the first full paragraph, the last sentence --

A. One moment, sir. Okay.

Q. I'm going to first read it and ask if I read it correctly. It says, "The effect, if any, of GnRH analogues on brain development and cognitive function in humans is unknown." Did I read that correctly?

A. Yes.

Q. Do you agree that the effect, if any, of GnRH analogues on brain development and cognitive function in humans is unknown?

A. So, again, sir, you're reading a single sentence from an article whose intention is not to provide a comprehensive review of the topic, and the space restrictions of publishing this article did not allow me to provide the nuance that I provided in my verbal answer to you. So I think that both of the claims can be the case, sir.

Q. So that sentence is true; is that right?

A. So I think that that sentence in

risk of infertility, correct?

MR. SMITH: Objection to form.

A. Yes, sir.

BY MR. RAMER:

Q. And a patient who begins puberty blockers at Tanner's stage 2 and then progresses to cross-sex hormones will be infertile, correct?

MR. SMITH: Objection to form.

A. So during the time in which they continue to receive gender-affirming hormone therapy, sir, yes, they would be anticipated to be infertile.

BY MR. RAMER:

Q. And you agree that it's unknown whether they would be able to regain fertility if hormone therapy is discontinued, correct?

A. So there are animal studies which would suggest the ability to regain fertility, but I'm not aware of particular data about, regarding humans in this regard, sir.

Q. With respect to a natal male or male assigned, person assigned male at birth who begins puberty blockers at Tanner's stage 2 and proceeds to cross-sex hormones, you cannot say whether that individual will ever be able to experience an orgasm, correct?

MR. SMITH: Objection to form.

A. The ability to make predictions about any particular individual is currently beyond the scope of our knowledge, sir.

BY MR. RAMER:

Q. And with respect to an individual who is male assigned at birth who begins puberty blockers at Tanner stage 2 and proceeds to cross-sex hormones, you are unaware of any study assessing the possibility of that individual being able to experience an orgasm, correct?

MR. SMITH: Objection to form.

A. That is not a subject in which I've conducted a literature review, sir, so given my limited knowledge and familiarity with the topic, it is accurate to say I'm not aware of a study, but I've had no reason to currently search the literature in order to determine if such a study exists.

BY MR. RAMER:

Q. Why have you had no reason to search the literature for an answer to that question?

MR. SMITH: Objection to form.

A. Because although I have discussed the potential risks and benefits, the needing to understand the risks and benefits at that level, that

entire literature that looks at longitudinal attitudes toward having children in the general population, so I would say that, in general, it's an under-researched field, and I'm not aware of a specific study in the population of individuals with gender dysphoria.

Q. What question were you just answering?

MR. SMITH: Objection to form.

A. I believe I was answering your question, sir.

BY MR. RAMER:

Q. I'm asking if you can recall what question I asked.

MR. SMITH: Objection to form. That's argumentative.

A. I believe that you asked the question as to whether or not I was aware of a study that looked at potential changes in the desire to have biological children for individuals with gender dysphoria in adolescence into adulthood, sir.

BY MR. RAMER:

Q. I'm going to ask, reask the question, because I don't think we were on the same page there. The question is this: You are not aware of any study that follows individuals to their 30th birthday when measuring the safety or efficacy of puberty blockers

particular risk at that level of detail has been unnecessary in my work as a bioethicist or as an expert witness to this point in time, sir.

BY MR. RAMER:

Q. Is the answer to that question also outside of your top five most important subjects?

MR. SMITH: Objection to form.

A. I think it's a question for the field, sir, but I would not say that it is the most urgent question for the field to address, sir.

BY MR. RAMER:

Q. You agree that an individual's desire for biological children might change from the time that person is 12 years old to the time that person is 30 years old, correct?

MR. SMITH: Objection to form.

A. That is correct, sir, in the same way that an individual's intention for having biological children might change from the age of 25 to 35, sir.

BY MR. RAMER:

Q. You are not aware of any study that follows individuals to their 30th birthday when measuring the safety or efficacy of puberty blockers followed by cross-sex hormones, correct?

A. Sir, I'm only aware of one study in the

followed by cross-sex hormones, correct?

MR. SMITH: Objection to form.

A. So to make sure that I'm answering your question, sir, will you repeat it?

BY MR. RAMER:

Q. You are not aware of any study that follows individuals to their 30th birthday when measuring the safety or efficacy of puberty blockers followed by cross-sex hormones, correct?

MR. SMITH: Same objection.

A. I'm not aware of any studies with that specific design, sir.

BY MR. RAMER:

Q. In order to assess the risks and benefits of gender-transition interventions, it's necessary that a person have information about the long-term effects of their effect on fertility, correct?

MR. SMITH: Objection to form.

A. So, again, sir, I apologize. Will you repeat your question?

BY MR. RAMER:

Q. In order to assess the risks and benefits of gender-transition interventions, it's necessary that a person have information about the

1 long-term effects of gender-transition interventions
2 on fertility, correct?

3 MR. SMITH: Same objection.

4 A. Sir, who's assessing the risks and
5 benefits and in what context, sir?

6 BY MR. RAMER:

7 Q. How does your answer change based on
8 the response to that question?

9 A. So, sir, if you're asking whether a
10 parent, in providing informed consent for
11 gender-affirming medical care and is making an
12 assessment of the risks and benefits, then, yes, that
13 would be relevant information. If an individual
14 investigator is attempting to assess the effects of
15 gender-affirming medical care on bone mineral density,
16 then, no.

17 Q. And so the first part of your answer
18 was that it would be relevant to parents of minors
19 with gender dysphoria; is that correct?

20 MR. SMITH: Objection.

21 Mischaracterizes his testimony.

22 A. If that parent were involved in
23 informed-consent process or in shared decision-making,
24 it would be one of the factors that should be
25 disclosed and discussed in the informed-consent

1 need information about the long-term effects of
2 gender-transition interventions on neurological
3 development?

4 MR. SMITH: Objection. Calls for
5 speculation.

6 A. And, again, can you repeat your
7 question, sir?

8 BY MR. RAMER:

9 Q. Is there a situation in the
10 informed-consent process where a parent would not need
11 information about the long-term effects of
12 gender-transition interventions on neurological
13 development?

14 MR. SMITH: Same objection.

15 A. So, again, sir, I think it's hard to
16 answer such a broad question. If, for example, you're
17 discussing making decisions about the use of GnRH
18 analogues, that may be a different situation than
19 making a decision about the use of gender-affirming
20 hormone therapy, so it's hard to answer a question
21 with any degree of specificity with the broad scope in
22 which this question is asked.

23 BY MR. RAMER:

24 Q. In either of the two narrower
25 situations that you just identified, is it necessary

1 process or in the shared decision-making, sir.

2 BY MR. RAMER:

3 Q. In that same context, in order to
4 assess the risks and benefits of gender-transition
5 interventions, it is necessary that a person have
6 information about the long-term effects of
7 gender-transition interventions on neurological
8 development, correct?

9 MR. SMITH: Objection to form.

10 A. To the extent particularly that we've
11 had conversations, say, about strokes and that that
12 would affect someone's neurologic condition, yes, sir,
13 it would be relevant to an informed-consent
14 discussion.

15 BY MR. RAMER:

16 Q. Are you limiting your answer
17 exclusively to the discussion of strokes in the
18 context of the informed-consent process?

19 MR. SMITH: Objection to form.

20 A. I understood your question to be
21 exceptionally broad, sir, and I'm trying provide some
22 specificity to my answer, sir.

23 BY MR. RAMER:

24 Q. Is there a situation where a parent, in
25 the context of the informed-consent process, would not

1 that a parent, as part of the informed-consent
2 process, have information about the long-term effects
3 of gender-transition interventions on neurological
4 development?

5 MR. SMITH: Objection to form.

6 A. So I would say in the current political
7 politicized context, sir, it may be beneficial for
8 providers to disclose speculative concerns about the
9 effects of GnRH analogues on neurologic development as
10 part of the informed-consent process and that
11 individuals have raised concerns, but there's not
12 currently high-quality data in humans demonstrating
13 negative effects of GnRH analogues on neurologic
14 development and regarding the use of gender-affirming
15 hormone therapy. Again, neurologic development is not
16 necessarily the terminology that I would use, but I
17 think it would be important for individuals to be
18 aware of the potential adverse effects on neurologic
19 function, such as the possibility of strokes.

20 BY MR. RAMER:

21 Q. Why does the informed-consent process
22 change, based on the current political context?

23 MR. SMITH: Objection to form.

24 A. Because individuals may be aware of
25 information that is purveyed in the media and have

1 concerns or questions about it, which would not
2 otherwise be subject matters that would be discussed
3 as part of the informed-consent process, so that the
4 social context and the information that's available in
5 the media discussions may be important to shape
6 individuals, to shape the informed-consent process,
7 sir.

8 BY MR. RAMER:

9 Q. Are you describing the media as
10 exclusive from the scientific literature?

11 MR. SMITH: Objection to form.

12 A. In general, sir, I think one can draw
13 distinctions between the scientific literature and the
14 media, sir.

15 BY MR. RAMER:

16 Q. And you think that the concern about
17 the long-term effects of gender-transition
18 interventions on neurological development is confined
19 to the media; is that right?

20 MR. SMITH: Objection.

21 Mischaracterizes his testimony.

22 A. So, sir, I think that there are a
23 variety of different standards related to the
24 informed-consent process. One of the potential
25 standards would be the rational-person standard and

1 A. So, certainly, there would be
2 situations in which there may be media coverage of,
3 say, early-phase experimentation that has not moved to
4 human trials, that because there's been recent
5 coverage, it may be important to discuss those issues
6 with patients and families to clarify
7 misunderstandings or misinterpretations, sir.

8 BY MR. RAMER:

9 Q. As part of the informed-consent process
10 for puberty blockers with respect to patients with
11 gender dysphoria, should patients of adolescents with
12 gender dysphoria be told that the majority of
13 individuals who go on puberty blockers later proceed
14 to cross-sex hormones?

15 MR. SMITH: Objection to form.

16 A. So it would be the general practice of
17 health care providers to provide information about the
18 diagnosis and prognosis and the general course of
19 treatment and that they would potentially disclose
20 that individuals commonly proceed to treatment with
21 gender-affirming hormone therapy. Yes, sir.

22 BY MR. RAMER:

23 Q. And you think they should disclose that
24 information; is that right?

25 A. I would say that that is a common

1 that it would be the general practice of health care
2 providers to disclose common risks as well as uncommon
3 but serious risks.

4 I would say that I don't believe that
5 there is sufficient information that GnRH analogues
6 have negative effects on neurodevelopment, that it
7 would normally be discussed by a provider as part of
8 the informed-consent process in that there are many
9 speculative risks of many medical interventions, but
10 because someone poses a potential risk and are
11 investigating potential risks, that those would not
12 necessarily be shared as part of the informed-consent
13 process.

14 Given that there is coverage of these
15 issues in -- outside of the medical literature that
16 patients and families may be aware of, it may be
17 important to raise the topic and address potential
18 concerns so that they are appropriately characterized
19 and framed as opposed to misinterpreted by patients
20 and families.

21 BY MR. RAMER:

22 Q. Are there other examples where you have
23 altered the informed-consent process based on the
24 current political context?

25 MR. SMITH: Objection to form.

1 treatment plan and that individuals should be aware of
2 not a discrete element of the treatment plan but the
3 comprehensive treatment plan. For example, I believe
4 that the Endocrine Society, in its clinical practice
5 guideline, makes clear that individuals should be
6 aware of the potential risks and benefits of the
7 combined treatment with gender, with GnRH analogues
8 and gender-affirming hormone therapy at the initiation
9 of treatment with GnRH analogues, sir.

10 Q. I'd like to go to Exhibit 4, which is
11 the Boe versus Marshall preliminary injunction
12 transcript, and I'd like to go to the page with the
13 small page number 229 on it.

14 A. Yes, sir.

15 Q. And starting at line 25, so at the very
16 bottom of that page and carrying over onto page 230,
17 line 5, I'm going to read that and then first ask if I
18 read it correctly.

19 It says, "Okay. My question was:
20 Wouldn't it be relevant for them to know that almost
21 everyone who starts on puberty blockers then goes on
22 to cross-sex hormones?"

23 "Answer: I don't believe that that
24 would -- that category of information would be
25 relevant. I don't know that that specific framing

1 would be useful and informative to patients."

2 Did I read that correctly?

3 A. You did, sir.

4 Q. And that's the opposite of what you
5 just said, correct?

6 A. One moment, sir. So, sir, I draw a
7 distinction between the repeated question here
8 emphasizes the almost everyone that would be on 229,
9 line 19, and 230, line 1, and I believe that my answer
10 is focusing on the -- not the description of the
11 general course of treatment, including puberty
12 blockers and gender-affirming hormone therapy but the
13 focus specifically on conveying information about
14 almost everyone.

15 Q. And so you think that your testimony
16 here is consistent with what you just said about
17 telling parents that the majority of individuals who
18 go on puberty blockers will later proceed to cross-sex
19 hormones?

20 MR. SMITH: Objection to form.

21 Mischaracterizes his testimony.

22 A. Can you repeat your question, sir?

23 BY MR. RAMER:

24 Q. Do you think that your testimony in
25 this excerpt from the Boe v. Marshall preliminary

1 A. So I believe that I previously stated
2 today, sir, that I think that it's important, in the
3 informed-consent process or the shared decision-making
4 process, for parents to be aware of the particular
5 course of treatment that's being potentially
6 recommended. I think that the percentage of
7 individuals who proceed from the use of GnRH analogues
8 to the use of gender-affirming hormone therapy may be
9 relevant to some patients and families and not to
10 others.

11 Q. What families would it not be relevant
12 to in the context of informed consent for puberty
13 blockers as a treatment for gender dysphoria?

14 MR. SMITH: Objection to form.

15 A. So, again, sir, I take the focus of
16 your question is around the very narrow question about
17 not describing the nature of gender dysphoria and the
18 treatments for gender dysphoria over time and
19 potentially in individuals at Tanner stage 2 that may
20 include the use of GnRH analogues, and at a later
21 period of time, it might include the use of
22 gender-affirming hormone therapy.

23 I take it that your, focus of question
24 is about the percentage of individuals who start on
25 GnRH analogues who proceed to gender-affirming hormone

1 injunction hearing is consistent with the answer you
2 just gave to the question of whether, as part of the
3 informed-consent process, parents of adolescents with
4 gender dysphoria should be told that the majority of
5 individuals who go on puberty blockers later proceed
6 to cross-sex hormones?

7 MR. SMITH: Same objection.

8 A. So, sir, you've excerpted a section of
9 my testimony which occurs in the flow of testimony and
10 are comparing it to a question that you asked today,
11 which occurs in a different context, in a different
12 flow of testimony. I would need -- I believe that my
13 positions are generally consistent across time and
14 that in order to fully characterize the way in which
15 they're consistent would need to reacquaint myself
16 with the context in which this question was asked in
17 the preliminary injunction hearing, but I do believe,
18 sir, that my answers to these questions are consistent
19 across time.

20 BY MR. RAMER:

21 Q. And do you think that parents of
22 adolescents with gender dysphoria should be told, as
23 part of the informed-consent process, that the
24 majority of individuals who go on puberty blockers
25 later proceed to cross-sex hormones?

1 therapy, and I think that describing the general
2 course of treatment without providing a specific focus
3 on that percentage may be adequate to obtain informed
4 consent, sir.

5 BY MR. RAMER:

6 Q. I thought that you said the discussion
7 of the fact that the majority of individuals who go on
8 puberty blockers later proceed to cross-sex hormones
9 would be relevant to some families but not to others.
10 Did I misunderstand that?

11 A. I believe that you've paraphrased my
12 statement correctly, sir. I don't know that I think
13 that that's any different than saying that, for some
14 families, that they could provide, that the
15 information that you're emphasizing is not necessary
16 for adequate informed consent or can be consistent or
17 are consistent with one another, sir. I think you're
18 focusing on very specific formulations of the language
19 rather than the overall content and concepts in a way
20 to suggest that there are inconsistencies that don't
21 exist.

22 Q. And is there any situation where, as
23 part of the informed-consent process for puberty
24 blockers as a treatment for gender dysphoria, the
25 discussion of the fact that the majority of

1 individuals who start puberty blockers will proceed to
2 cross-sex hormones is not relevant to a particular
3 patient or family?

4 MR. SMITH: Objection. Asked and
5 answered, Counsel. I think the witness has
6 answered this to the best of his ability.

7 MR. RAMER: Please, no speaking
8 objections.

9 BY MR. RAMER:

10 Q. You can answer the question.

11 A. So, again, sir, if you're focusing on
12 particular terminology, you shifted your question to
13 the majority, and I would say that I think that it was
14 probably -- it would be fair to say that most
15 individuals who initiate treatment with GnRH analogues
16 do go on to receive or to decide to proceed to receive
17 gender-affirming hormone therapy.

18 Q. Do you think parents of adolescents
19 with gender dysphoria should know that fact before
20 they provide consent to the treatment?

21 MR. SMITH: Same objection.

22 A. Sir, that fact is which fact, sir?

23 BY MR. RAMER:

24 Q. The fact that the majority of
25 individuals who begin puberty blockers will proceed to

1 A. So I understand the informed-consent
2 approach to be an approach to the clinical care of
3 individuals, some individuals with gender dysphoria,
4 and it generally referred to the clinical care of
5 adults, sir.

6 BY MR. RAMER:

7 Q. And under that approach, a patient's
8 access to a medical intervention is determined by the
9 informed-consent process independent of a
10 psychological evaluation, correct?

11 A. And by "psychological evaluation," you
12 mean what, sir?

13 Q. If you use the phrase "psychological
14 evaluation," what would you mean by it?

15 A. So in this context, sir, my
16 understanding, the informed-consent approach would be
17 that an individual would need to have medical
18 decision-making capacity and that there would have to
19 be an adequate informed-consent process. So within
20 some constructs of a psychological evaluation,
21 determining whether an individual had medical
22 decision-making capacity would constitute a form of
23 psychological evaluation.

24 Q. Have you heard the phrase "gatekeeping"
25 before?

1 cross-sex hormones.

2 A. In the construction of the majority,
3 and I think that that would be relevant information.

4 Q. And you do not know whether providers
5 at the Transgender Health Clinic at Cincinnati
6 Children's Hospital inform parents of that fact,
7 correct?

8 MR. SMITH: Objection to form.

9 A. So I participated in the development of
10 the informed-consent documents for the clinic. It has
11 been a period of time since those documents have been
12 reviewed, and I don't recall the answer to your
13 question, sir.

14 BY MR. RAMER:

15 Q. Are you familiar with the phrase
16 "informed-consent approach" with respect to
17 gender-transition interventions?

18 MR. SMITH: Objection to form.

19 A. Yes, sir.

20 BY MR. RAMER:

21 Q. And that terminology -- excuse me.
22 That terminology is generally limited to the adult
23 literature as opposed to the adolescent literature,
24 correct?

25 MR. SMITH: Objection to form.

1 MR. SMITH: Objection to form.

2 A. In a variety of different contexts,
3 I've heard the phrase "gatekeeping" used, sir.

4 BY MR. RAMER:

5 Q. Have you heard the phrase "gatekeeping"
6 used in the context of treatment for gender dysphoria?

7 A. Yes, sir.

8 Q. What's your understanding of that
9 phrase?

10 A. It's my understanding of the phrase is
11 that, historically, there's been significant criteria
12 or constraint for eligibility to proceed with various
13 forms of gender-affirming medical care, including
14 historically needing to live in the -- with a gender
15 expression consistent with one's gender identity for a
16 year prior to proceeding with gender-affirming
17 surgical care and that there is criticism of that.

18 Some of those requirements were
19 inordinate or inappropriate. So, for example, that
20 living in one with a gender expression consistent with
21 one's gender identity in some context might create a
22 substantial risk of harm, physical harm to an
23 individual and is not always an appropriate criteria
24 prior to proceeding with gender-affirming surgical
25 care.

1 Q. With respect to the informed-consent
2 approach, do you think there are ethical reasons why
3 that approach is not used with minors, correct?

4 MR. SMITH: Objection to form.

5 A. So, in general, sir, medical
6 decision-making for minors is different than medical
7 decision-making for adults, including the role of
8 their parents in medical decision-making. So, yes,
9 there are reasons why an informed-consent approach is,
10 in general, inappropriate in the pediatric context.

11 BY MR. RAMER:

12 Q. And could you explain a little bit more
13 what the ethical problem would be with using the
14 informed-consent approach with minors?

15 A. So one of the potential limitations
16 would be that the informed-consent approach would say
17 that an individual was authorized to provide informed
18 consent for their treatment. In general, the
19 adolescents, minor individuals are not legally
20 authorized to provide informed consent. So in and of
21 itself, there's a significant legal and/or ethical
22 barrier to the informed-consent approach in
23 pediatrics, sir.

24 Q. Would there be any barrier to using the
25 informed-consent approach if the parent provides

1 under, individuals undergo a biopsychosocial
2 assessment prior to being eligible or being a
3 candidate for various forms of gender-affirming
4 medical care, which would be inconsistent with the
5 informed-consent approach.

6 Q. Doctor, you're familiar with the term
7 "systematic review," correct?

8 A. Yes, sir.

9 Q. And you're familiar with the GRADE, all
10 caps, G-R-A-D-E system, correct?

11 A. Yes, sir.

12 Q. GRADE is the most widely used
13 methodology for developing clinical guidelines,
14 correct?

15 MR. SMITH: Objection to form.

16 A. So I believe that it's a widely used
17 methodology, sir. I'm not aware of whether it's the
18 most widely used methodology.

19 BY MR. RAMER:

20 Q. When you testified at the trial in
21 Brandt, you stated that the GRADE method was the most
22 widely used methodology for developing clinical
23 practice guidelines, correct?

24 A. I don't recall, sir.

25 Q. You have never conducted or supervised

1 informed consent and the minor provides informed
2 assent?

3 MR. SMITH: Objection to form.

4 A. Could you repeat your question, sir?

5 BY MR. RAMER:

6 Q. Would there be any barrier to using the
7 informed-consent approach if the minor provides
8 informed assent and the parent provides informed
9 consent for a medical intervention to treat gender
10 dysphoria?

11 MR. SMITH: Same objection.

12 A. And by "barrier," you mean what, sir?

13 BY MR. RAMER:

14 Q. I was using the word that you used in
15 your answer of when there are barriers to using the
16 informed-consent approach with minors.

17 A. So there -- in that regard, there might
18 not be -- the same legal prohibition might not exist,
19 but there might be other reasons not to utilize an
20 informed-consent approach, sir.

21 Q. What would be those other reasons?

22 A. So my general understanding of the
23 clinical practice guidelines for gender-affirming
24 medical care, particularly the World Professional
25 Association for Transgender Health's SOC-8 is that

1 a systematic review on the effects of a medical
2 intervention, correct?

3 MR. SMITH: Objection to form.

4 A. Can you repeat your question, sir?

5 BY MR. RAMER:

6 Q. You have never conducted or supervised
7 a systematic review on the effects of a medical
8 intervention, correct?

9 MR. SMITH: Same objection.

10 A. That's correct, sir.

11 BY MR. RAMER:

12 Q. And you, therefore, have never
13 conducted a systematic review in which you assessed
14 the quality of evidence using the GRADE methodology,
15 correct?

16 MR. SMITH: Objection to form.

17 A. I have not used the GRADE methodology
18 to evaluate the quality of evidence of individual
19 studies, sir. That is correct.

20 BY MR. RAMER:

21 Q. You agree that, as a general principle,
22 optimal clinical decision-making requires systematic
23 summaries of the best available evidence, correct?

24 MR. SMITH: Objection to form.

25 A. Will you repeat your question, sir?

1 BY MR. RAMER:

2 Q. You agree that, as a general principle,
3 optical clinical decision-making requires systematic
4 summaries of the best available evidence, correct?

5 MR. SMITH: Same objection.

6 A. It would be optimal in medical
7 decision-making to have such systematic review, sir.

8 BY MR. RAMER:

9 Q. And, ideally, clinical practice
10 guidelines would be based on systematic reviews,
11 correct?

12 MR. SMITH: Objection to form.

13 A. That is the ideal, sir.

14 BY MR. RAMER:

15 Q. And, ideally, those systematic reviews
16 would assess the evidence regarding patient important
17 outcomes, correct?

18 MR. SMITH: Objection to form.

19 A. If you mean assess the quality of the
20 evidence, yes, sir.

21 (Exhibit 13 was marked for
22 identification.)

23 BY MR. RAMER:

24 Q. Dr. Antommaria, you've been handed
25 what's been marked as Exhibit 13. Does this appear to

1 the commission systematic reviews appears on page
2 3873. They were related to the effect of sex-hormone
3 use on lipids and cardiovascular outcomes and on bone
4 health, as you previously stated, sir.

5 BY MR. RAMER:

6 Q. The authors did not commission a
7 systematic review regarding the effect of
8 interventions on gender dysphoria, correct?

9 MR. SMITH: Objection to form.

10 A. They did not commission a systematic
11 review that looked at that specific outcome. That's
12 correct, sir.

13 BY MR. RAMER:

14 Q. It would be fair to say that the
15 absence of that systematic analysis is concerning when
16 it comes to relying on this guideline, correct?

17 MR. SMITH: Objection to form.

18 A. So, sir, the authors, in making their
19 recommendations to review the relevant literature,
20 they evaluate the quality of the evidence and the
21 strength of recommendations. I believe that their
22 methodology is adequate to support their
23 recommendations, sir.

24 BY MR. RAMER:

25 Q. It would be fair to say that the

1 be the Endocrine Society guideline for treatment of
2 individuals with gender dysphoria or gender
3 incongruence?

4 A. It appears to be the 2017 version of
5 that guideline, sir.

6 Q. Is there a more recent version?

7 A. No, sir.

8 Q. The authors of this guideline
9 commissioned two systematic reviews in support of it,
10 correct?

11 A. I believe that that's correct, sir.

12 Q. And one of those reviews was on the
13 effect of steroid use on lipids and cardiovascular
14 outcomes in transgender individuals, and the other was
15 on the effect of sex steroids on bone health in
16 transgender individuals, correct?

17 A. I don't recall in that level of detail
18 off the top of my head, sir. Would you like me to
19 review the manuscript, the article, to assure that
20 that's the case, sir?

21 Q. No. That's fine. The authors did not
22 commission a systematic review regarding the effect of
23 interventions on gender dysphoria, correct?

24 MR. SMITH: Objection to form.

25 A. One moment, sir. So the description of

1 absence of a systematic review regarding the effect of
2 interventions on gender dysphoria is concerning when
3 it comes to relying on this guideline, correct?

4 MR. SMITH: Objection to form.

5 A. So, sir, I would not agree with your
6 characterization that it would be quote, unquote,
7 concerning.

8 BY MR. RAMER:

9 Q. During your deposition in Voe versus
10 Marshall, when you were asked whether a reasonable
11 scientist could be concerned that the authors of this
12 guideline didn't systematically look at the effect of
13 interventions on gender dysphoria, you said that might
14 be a reasonable concern, correct?

15 A. I don't recall, sir.

16 Q. Go to Exhibit 2 and small page 133.

17 A. I'm on page 133, sir.

18 Q. And beginning at line 20, it says,
19 "Could a reasonable scientist be concerned that they
20 didn't systematically look at the effect of
21 interventions on gender dysphoria?" And your answer
22 was: "That might be a reasonable concern." Correct?

23 A. You read that correctly, sir, but
24 again, you're taking a question and an individual
25 answer out of an entire context, and in this case, the

1 question would be could a reasonable scientist be
2 concerned, which is different than the question that
3 you asked me here today.

4 Q. Do you think a reasonable scientist
5 could be concerned that the authors of this guideline
6 didn't systematically look at the effect of
7 interventions on gender dysphoria?

8 MR. SMITH: Objection to form.

9 A. Yes, sir, but I think that that's
10 different than your characterization of it being
11 concerning.

12 BY MR. RAMER:

13 Q. And the authors of the guideline in
14 Exhibit 13 did not commission a systematic review on
15 any psychosocial outcomes, correct?

16 A. That is correct, sir.

17 Q. And apart from this guideline, are you
18 aware of any systematic review on the efficacy of
19 puberty blockers and cross-sex hormones in improving
20 mental health?

21 MR. SMITH: Objection to form.

22 A. Sir, I believe that there are a variety
23 of systematic reviews on the effect of
24 gender-affirming medical care on individuals' mental
25 health.

1 Q. I'd like to go to page S46.

2 A. I'm on page S46, sir.

3 Q. And left column, the carryover
4 paragraph, there is a sentence that begins with the
5 word "despite" in the middle of that paragraph. Do
6 you see that?

7 A. Yes, I do, sir.

8 Q. I'm going to read that sentence and the
9 following sentence and first ask if I've read them
10 correctly. It says, "Despite the slowly growing body
11 of evidence surrounding the effective of early medical
12 intervention, the number of studies is still low and
13 there are few outcome studies that follow youth into
14 adulthood. Therefore, a systematic review regarding
15 outcomes of treatment in adolescents is not possible."
16 Did I read that correctly?

17 A. You did, sir.

18 Q. You agree that there are few outcome
19 studies that follow youth into adulthood, correct?

20 MR. SMITH: Objection to form.

21 A. I believe, in broad terms, that that's
22 an accurate characterization, sir.

23 BY MR. RAMER:

24 Q. And you agree that one of the
25 limitations of studies in this area is the low number

1 BY MR. RAMER:

2 Q. And can you name a couple of them?

3 A. There was a relatively early systematic
4 review that was published in Pediatrics. There have
5 been subsequent systematic reviews published by
6 governmental entities, including the UK's Nice, and
7 there were, have been most recently systematic reviews
8 that have been conducted as part of the Cass review by
9 the University of Sheffield under, I believe, the
10 direction of Professor Taylor.

11 Q. What was the university? Sheffield?

12 A. I may be mistaken, but they were at a
13 particular university center.

14 Q. Do you think the effect on mental
15 health is a patient-important outcome for individuals
16 with gender dysphoria?

17 MR. SMITH: Objection to form.

18 A. Yes, sir, I do.

19 (Exhibit 14 was marked for
20 identification.)

21 BY MR. RAMER:

22 Q. Doctor, you've been handed what's been
23 marked as Exhibit 14. Does this appear to be the
24 adolescent chapter of the WPATH Standards of Care 8?

25 A. Yes, sir, it does.

1 of participants, correct?

2 MR. SMITH: Objection to form.

3 A. Can you repeat your question, sir?

4 BY MR. RAMER:

5 Q. You agree that one of the limitations
6 of studies in this area is the low number of
7 participants, correct?

8 MR. SMITH: Same objection.

9 A. I believe that studies in this area
10 could be strengthened, sir, by having larger sample
11 sizes.

12 BY MR. RAMER:

13 Q. In this paragraph on S46, the authors
14 of the chapter are saying that a systematic review is
15 not possible because there were too few studies,
16 correct?

17 MR. SMITH: Objection to form.

18 A. So they do state, sir, that a
19 systematic review is not possible. The predicate of
20 that appears to be both the number of studies and the
21 duration of those studies, sir.

22 BY MR. RAMER:

23 Q. Is that statement coherent?

24 A. If you mean by "coherent," sir, that
25 one can understand the meaning that's expressed by the

1 sentence, yes, sir.

2 Q. Is that a statement that anyone with a
3 proper understanding of a systematic review would
4 make?

5 MR. SMITH: Objection to form.

6 A. So I would distinguish the sentence
7 being coherent from the sentence being accurate, sir,
8 and that the sentence is not accurate.

9 BY MR. RAMER:

10 Q. And why is it not accurate?

11 A. Because one could undertake a
12 systematic review of any topic, and one of the
13 possible results of a systematic review is that no
14 studies were identified, and so there might be means
15 the author intended to express that could have been
16 expressed more clearly.

17 Q. Well, they identified studies, right?

18 MR. SMITH: Objection to form.

19 A. So they -- the sentence that you didn't
20 read in the paragraph, sir, is, "A short narrative
21 review is provided instead." So the authors did
22 provide a narrative review of available studies, sir.

23 BY MR. RAMER:

24 Q. You agree that the recommendations in
25 the adolescent chapter of the SOC-8 are not based on a

1 Marshall, when you were asked whether you agree that
2 the recommendations in the adolescent chapter are not
3 based on a systematic review of the evidence, you
4 answered "that is correct," right?

5 A. I don't recall, sir.

6 Q. You are not aware of any clinical
7 practice guidelines that recommend medical
8 interventions for adolescents with gender dysphoria
9 based on a systematic review of the efficacy of either
10 puberty blockers or cross-sex hormones, correct?

11 MR. SMITH: Objection to form.

12 A. Can you repeat your question to make
13 sure I understand it, sir?

14 BY MR. RAMER:

15 Q. You are not aware of any clinical
16 practice guidelines that medical interventions for
17 adolescents with gender dysphoria, based on a
18 systematic review of the efficacy of either puberty
19 blockers or cross-sex hormones, correct?

20 MR. SMITH: Same objection.

21 A. So the clinical practice guidelines, of
22 which I'm aware, are the Endocrine Societies and
23 WPATHs, and as we've discussed here this morning,
24 neither of them is based on a systematic review of
25 this particular topic.

1 systematic review of the evidence, correct?

2 MR. SMITH: Objection to form.

3 A. So as you've read, sir, the authors did
4 not conduct a systematic review.

5 BY MR. RAMER:

6 Q. So then the recommendations in the
7 chapter are not based on a systematic review, correct?

8 A. So, sir, I would say that I think that
9 that's a complicated question from the standpoint of
10 what do you mean. There are a number of systematic
11 reviews that are available at this point in time, that
12 of which the authors of the chapter may be aware and
13 familiar. So in the narrow sense of did the authors
14 conduct a systematic review, an independent systematic
15 review for the purposes of writing this chapter, the
16 answer would be no.

17 Q. I'm sorry. Can you repeat that last
18 part again?

19 A. That if one understands this in terms
20 of your question, in terms of did they conduct an
21 independent systematic review for this chapter, the
22 answer is no. They may, however, be aware and
23 familiar with other systematic reviews that are
24 available in the literature, sir.

25 Q. In your deposition in Voe versus

1 MR. RAMER: Good breaking point? We've
2 been going about an hour. Go off the record.

3 VIDEOGRAPHER: We are now going off
4 record. The time is 11:11.

5 (A recess was taken from 11:11 to
6 11:45.)

7 (Exhibit 15 was marked for
8 identification.)

9 VIDEOGRAPHER: We are now back on the
10 record. The time is 11:45. You may continue.

11 BY MR. RAMER:

12 Q. Welcome back, Doctor. You've been
13 handed what's been marked as Exhibit 15, and it is
14 entitled, "GRADE guidelines: 3. Rating the quality
15 of evidence." Is that correct?

16 A. That is correct, sir.

17 Q. And you are familiar with this article,
18 correct?

19 A. I am, sir.

20 Q. And this article is part of a series
21 that provides an authoritative explanation of the
22 GRADE methodology, correct?

23 MR. SMITH: Objection to form.

24 A. So the GRADE group or the GRADE working
25 group has published a variety of different articles

1 related to their methodology, an early individual
2 article that appeared in the BMJ as well as this
3 series of articles and has more recent material
4 published subsequently, but they are all various
5 versions of authoritative statements of their
6 methodology.

7 BY MR. RAMER:

8 Q. And just as a general matter, when we
9 are discussing rating the quality of evidence, we are
10 talking about determining how well we are able to
11 predict the effects of a tested intervention, correct?

12 MR. SMITH: Objection to form.

13 A. Can you repeat your question, sir?

14 BY MR. RAMER:

15 Q. As a general matter, when we're talking
16 about rating the quality of evidence, we're talking
17 about determining how well we are able to predict the
18 effects of the tested intervention, correct?

19 MR. SMITH: Same objection.

20 A. How whether a particular intervention
21 produces a particular outcome, yes, sir.

22 BY MR. RAMER:

23 Q. And in Exhibit 15, I'd like to go to
24 page 404.

25 A. I'm on page 404, sir.

1 A. From the estimate of the effects, yes,
2 sir.

3 Q. Is there a distinction between the
4 estimate of the effect and the information that the
5 evidence is providing?

6 A. So, sir, if we're talking about the
7 GRADE's definitions of the levels of quality of the
8 evidence, I think it's easier to just read directly
9 rather than trying to paraphrase if we're trying to
10 represent their views accurately, sir.

11 Q. And the estimate of the effect would be
12 derived from reviewing the body of the evidence,
13 correct?

14 A. Correct, sir.

15 Q. And sticking with this page, Table 3
16 toward the bottom, do you see that?

17 A. I do, sir.

18 Q. This table is explaining how different
19 study designs can be rated up or rated down under the
20 GRADE methodology, correct?

21 A. Yes.

22 MR. SMITH: Objection to form.

23 A. Yes. It provides the initial
24 assignment and then factors to be considered in
25 potentially lowering and raising that assignment, sir.

1 Q. And at the top, there's Table 2. Do
2 you see that?

3 A. I do, sir.

4 Q. And this table lists the four levels of
5 the quality level of evidence under GRADE, correct?

6 A. It does, sir.

7 Q. And so looking at this table, if
8 evidence for an intervention is low quality, that
9 means the actual effect of the intervention may be
10 substantially different from what the evidence is
11 telling us, correct?

12 A. So it states the true effect may be
13 substantially different from the estimate of the
14 effect, sir.

15 Q. And the estimate of the effect is
16 derived from the body of evidence that is being
17 reviewed, correct?

18 A. Yes, sir. It's distinguishing the true
19 effect from the estimated effect reported in the body
20 of evidence that the GRADE will be applied to.

21 Q. And so if evidence for an intervention
22 is very low quality, that means the actual effect of
23 the intervention is likely to be substantially
24 different from what the evidence is telling us,
25 correct?

1 BY MR. RAMER:

2 Q. Do you agree that it's possible for an
3 observational study to produce high quality evidence,
4 correct?

5 A. Yes, sir.

6 Q. And the authors of the Endocrine
7 Society guideline that we were looking at earlier,
8 they report that they used the GRADE methodology,
9 correct?

10 A. Yes. That's correct, sir.

11 Q. You have not personally applied the
12 GRADE methodology to the evidence cited in the
13 Endocrine Society guideline, correct?

14 MR. SMITH: Objection to form.

15 A. No, sir, I have not, but I am aware of
16 articles that are co-authored by members of the GRADE
17 working group who have and confirmed the accuracy of
18 those evaluations.

19 BY MR. RAMER:

20 Q. Have you ever applied the GRADE
21 methodology to a body of evidence?

22 MR. SMITH: Objection to form.

23 A. No, sir, I have not.

24 BY MR. RAMER:

25 Q. You are not familiar with the

1 Newcastle-Ottawa Scale, correct?

2 A. I'm aware of the Newcastle-Ottawa
3 Scale's existence, sir.

4 Q. You are not familiar with it at a high
5 level of detail, correct?

6 MR. SMITH: Objection to form.

7 A. If by "high level of detail," you mean
8 that I've actually applied it to a body of evidence,
9 that would be correct, sir.

10 BY MR. RAMER:

11 Q. Have you ever assessed an individual
12 study for risk of bias?

13 MR. SMITH: Objection to form.

14 A. No, sir, I have not.

15 BY MR. RAMER:

16 Q. A confounding fact --

17 A. May I clarify?

18 Q. Please.

19 A. In the terms of, in the technical terms
20 of applying the GRADE methodology, as I read studies
21 as a clinician, I consider the potential risks of
22 biases in that study, but in terms of the technical
23 application of this methodology and evaluating a risk
24 of bias in terms of assigning a quality of evidence,
25 no, sir, I have not.

1 Q. Outside of GRADE, have you used any
2 tool to assess risk of bias in an individual study?

3 MR. SMITH: Objection to form.

4 A. No, sir, I have not.

5 BY MR. RAMER:

6 Q. Have you heard the phrase "confounding
7 factor"?

8 A. Yes, sir, I have.

9 Q. A confounding factor is an unmeasured
10 variable that potentially influenced an outcome,
11 correct?

12 A. In general terms, yes, sir.

13 Q. You agree that failure to adequately
14 control confounding is a potential study limitation,
15 correct?

16 MR. SMITH: Objection to form.

17 A. Yes, sir, it is. As you will note in
18 the table that you're referring to, "all plausible
19 residual confounding" is a reason to rate the quality
20 of the study more highly.

21 BY MR. RAMER:

22 Q. And have you heard the phrase "loss to
23 follow up"?

24 A. Yes, sir.

25 Q. Loss to follow up can be a potential

1 study limitation as well, correct?

2 A. That's correct, sir.

3 Q. You agree that regression to the mean
4 is a potential risk of bias in studies on mental
5 health, correct?

6 MR. SMITH: Objection to form.

7 A. Yes, sir.

8 BY MR. RAMER:

9 Q. You have never looked at a study
10 attempting to measure the extent to which regression
11 to the mean affects results in studies on mental
12 health, correct?

13 MR. SMITH: Objection to form.

14 A. So I'm not a researcher in the field of
15 mental health, sir. So, no, I've never had the
16 occasion to do that, sir.

17 BY MR. RAMER:

18 Q. I'd like to return to Exhibit 13, which
19 is the Endocrine Society guideline, and I'd like to go
20 to page 3871.

21 A. Yes, sir.

22 Q. And in the left column, there's Section
23 "2.0, Treatment of Adolescents." Do you see that?

24 A. I see that section that's summarizing
25 the recommendations in the section for the treatment

1 of adolescents, sir.

2 Q. And so for 2.1, it states, "We suggest
3 that adolescents who meet diagnostic criteria for
4 GD/gender incongruence, fulfill criteria for treatment
5 and are requesting treatment should initially undergo
6 treatment to suppress pubertal development." Do you
7 see that?

8 A. I believe you read that correctly, sir.

9 Q. And the symbols following that sentence
10 indicate that the suggestion here is based on low
11 quality evidence, correct?

12 A. That is what the two crosses within the
13 four circles represent, sir.

14 Q. So that means that the actual effect of
15 you pubertal suppression may be substantially
16 different from what the evidence says, correct?

17 MR. SMITH: Objection to form.

18 A. One moment, sir. Yes, sir.

19 BY MR. RAMER:

20 Q. And --

21 A. I think it's important to note the
22 terminology of "may be."

23 Q. What do you mean?

24 A. That it's not -- that the claim is that
25 it may be different, not that it is actually different

1 but that the possibility exists, sir.

2 Q. And sticking with Exhibit 13, the
3 Endocrine Society guidelines, the same page we're on,
4 number 2.3 says, "We recommend that, where indicated,
5 GnRH analogues are used to suppress pubertal
6 hormones." Do you see that?

7 A. You read that correctly, sir.

8 Q. And the symbols there indicate that the
9 recommendation to use GnRH analogues to suppress
10 puberty is also based on low quality evidence,
11 correct?

12 A. That's correct, sir.

13 Q. And so the actual effect of pubertal
14 suppression with GnRH analogues may be substantially
15 different from what the evidence says, correct?

16 MR. SMITH: Objection to form.

17 A. Yes, sir.

18 BY MR. RAMER:

19 Q. And down to 2.4, it says, "In
20 adolescents who request sex hormone treatment (given
21 this is a partly irreversible treatment), we recommend
22 initiating treatment using a gradually increasing dose
23 schedule after a multidisciplinary team of medical and
24 MHPs has confirmed the persistence of GD/gender
25 incongruence and sufficient mental capacity to give

1 is that the GRADE approach provides a general
2 methodology that requires individuals to apply, and
3 that, in the process of application, individuals might
4 on occasion have reached emerging conclusions relative
5 to the quality of the evidence or the strength of the
6 recommendation.

7 BY MR. RAMER:

8 Q. And they could reach divergent
9 conclusions, even though both of them are properly
10 applying the GRADE methodology, correct?

11 MR. SMITH: Objection to form and calls
12 for speculation.

13 A. Yes, applying the GRADE methodology is
14 not an algebra problem that produces a precise answer
15 and requires a degree of knowledge and experience,
16 sir. And even at that point, sir, individuals might
17 have divergent conclusions.

18 BY MR. RAMER:

19 Q. Under the GRADE methodology, when would
20 a recommendation for use only in research be
21 appropriate?

22 MR. SMITH: Objection to form.

23 A. So individuals are making, make
24 recommendations or determine recommendation based on
25 the quality of the evidence, the relative balance

1 informed consent, which most adolescents have by age
2 16 years." Do you see that?

3 A. You read that correctly, sir.

4 Q. And the symbols there indicate that
5 this recommendation is based on low quality evidence,
6 correct?

7 A. That's correct, sir.

8 Q. Now, with respect to WPATH's Standard
9 of Care 8, there are no GRADE assessments of the
10 quality of the evidence for the adolescent chapter,
11 correct?

12 A. There's no formal rating of the quality
13 of the evidence associated with individual
14 recommendations, sir.

15 Q. So we've been -- we've discussed
16 systematic reviews, and we've been discussing quality
17 of the evidence. I'd now like to turn to
18 recommendations, and under a proper application of the
19 GRADE methodology, could clinical guideline developers
20 review the same evidence and reach different
21 recommendations?

22 MR. SMITH: Objection to form.

23 A. To my general understanding of the
24 GRADE approach, sir, both in terms of the quality of
25 the evidence and the strength of the recommendations

1 between the risks and benefits on the knowledge of
2 individual preferences and the variability in those
3 preferences and, at times, in terms of resource
4 allocation.

5 The GRADE approach provides a couple of
6 different ways in which they formulate the difference
7 between strong and weak recommendations. The strong
8 recommendations would be a recommendation that the
9 vast majority of individuals would adhere to, and a
10 weak recommendation is at times described as one in
11 which the majority of individuals would agree to but a
12 significant minority would not. I don't recall that
13 they utilize a specific descriptor of only in
14 research, but, presumably, it would be a potential
15 recommendation that wouldn't fulfill either of those
16 two categories.

17 BY MR. RAMER:

18 Q. Do you think there are situations where
19 it could be appropriate for clinical guideline
20 developers to recommend an intervention for use only
21 in research?

22 MR. SMITH: Objection to form. It
23 calls for speculation.

24 A. That is one of the five potential
25 recommendations that the GRADE guidelines offer, and,

1 yes, that it's conceivably possible that a guideline
2 developer would utilize that category, sir.

3 BY MR. RAMER:

4 Q. Returning to Exhibit 13, which is the
5 Endocrine Society guideline and the same page we were
6 on, which is 3871, and back to where we were in the
7 left column with the summary of the statements for the
8 treatment of adolescents, do you see that?

9 A. I do, sir.

10 Q. And in this section, there are some
11 strong recommendations based on low or very low
12 evidence, correct?

13 MR. SMITH: Objection to form.

14 A. So there appear to be two strong
15 recommendations based on low quality evidence, and one
16 is from recommendation based on very low quality
17 evidence, and the GRADE approach does provide criteria
18 for making strong recommendations based on low or very
19 low quality evidence, sir.

20 BY MR. RAMER:

21 Q. Are those sometimes referred to as
22 discordant recommendations?

23 A. I don't -- to the best of my recall at
24 this point in time, I don't know that the -- I don't
25 recall whether GRADE uses that terminology, but the

1 A. Can you repeat the statement, sir?

2 Q. A guideline that had many inappropriate
3 discordant recommendations would raise concerns.

4 MR. SMITH: Objection. Asked and
5 answered.

6 A. I would think that there would be
7 questions as to how the developers of the guidelines
8 reached those conclusions and made those
9 recommendations, sir.

10 BY MR. RAMER:

11 Q. Even if -- sorry. My question is
12 assuming that the discordant recommendations were
13 inappropriate, and the question is: Would a guideline
14 that had many inappropriate discordant recommendations
15 raise concerns?

16 MR. SMITH: Objection to form.

17 A. So if there was a guideline that made
18 many inappropriate discordant recommendations, one
19 would hope that the developers of that guideline
20 explain their methodology and why they deviated, then,
21 from an established methodology, sir.

22 BY MR. RAMER:

23 Q. What are the situations where GRADE
24 says it is appropriate to make a strong recommendation
25 in the context of low or very low quality evidence?

1 wider literature at times uses that terminology, sir.

2 Q. You agree that it would be concerning
3 if a guideline made inappropriately strong
4 recommendations based on low or very low quality of
5 evidence, correct?

6 MR. SMITH: Objection to form.

7 A. So, again, sir, we've previously
8 discussed the language of being concerning that would
9 not necessarily be a way in which I would commonly
10 express myself. I would believe that it would be
11 preferable for the developers of guidelines to use a
12 consistent approach and that, and that they should
13 utilize the justifications that the GRADE approach
14 provides for making strong recommendations based on
15 low or very low quality evidence. And if a
16 recommendation doesn't fulfill those criteria, then it
17 would be preferable for them to re-evaluate the
18 strength of the recommendation, sir.

19 BY MR. RAMER:

20 Q. In your deposition in Voe versus
21 Mansfield, you said you would agree that a guideline
22 that had many inappropriate discordant recommendations
23 would raise concerns, correct?

24 A. I don't recall, sir.

25 Q. Would you agree with that statement?

1 MR. SMITH: Objection to form.

2 A. Sir, I haven't committed those six
3 criteria to memory.

4 (Exhibit 16 was marked for
5 identification.)

6 BY MR. RAMER:

7 Q. Doctor, you've been handed what's been
8 marked as Exhibit 16, and this document is entitled,
9 "GRADE guidelines: 15. Going from evidence to
10 recommendation - determinants of a recommendation's
11 direction and strength." Correct?

12 A. That's correct, sir.

13 Q. And this is an article that was part of
14 the series that we were discussing earlier, correct?

15 MR. SMITH: Objection to form.

16 A. Yes. The prior article is Number 3 in
17 the series, and this article is number 15 in the
18 series, sir.

19 BY MR. RAMER:

20 Q. I'd like to go to page 732.

21 A. Yes, sir.

22 Q. And Table 4. Does this table reflect
23 the "paradigmatic situations in which a strong
24 recommendation may be warranted despite low or very
25 low confidence in effect estimates" under the GRADE

1 methodology?

2 A. With the exception of "under the GRADE
3 methodology," you read the title of the table
4 correctly, sir.

5 Q. But is that what the table is telling
6 us?

7 A. Yes, sir. I think that's the function
8 of the title of the table.

9 Q. And that's the function of the
10 substance of the table as well, correct?

11 A. The function of the title of the table
12 is to indicate what the substance of the table is,
13 sir.

14 Q. And returning to exhibit -- keep them
15 both in front of you, but returning to Exhibit 13,
16 page 3871, where we were before, and the same left
17 column, "2.0, Treatment of adolescents," which
18 situation applies to the discordant recommendations
19 for adolescents in the Endocrine Society guideline?

20 MR. SMITH: Objection to form.

21 A. Are you referring to a specific
22 recommendation, sir?

23 BY MR. RAMER:

24 Q. The discordant ones in the treatment of
25 adolescents' section.

1 applies to the discordant recommendations in the
2 Endocrine Society guideline, correct?

3 MR. RAMER: Objection to form.

4 A. Sir, I haven't had a reason to. I am
5 aware that authors of the -- some of the authors, as
6 related with the GRADE working group, did review, I
7 believe, the earlier version of this guideline as part
8 of a larger study of quote, unquote, discordant
9 recommendations and found that, that there was
10 justification for a number of the discordant
11 recommendations, sir.

12 BY MR. RAMER:

13 Q. In your answer just now, you were
14 referring to a document that is different from
15 Exhibit 13, correct?

16 A. The prior version of the guidelines,
17 sir, but I believe that some of the recommendations
18 were substantively similar, sir.

19 Q. Are you aware of any situations
20 where -- let me start again.

21 Are you aware of any situations where
22 observational studies said an intervention was
23 beneficial, but higher quality studies subsequently
24 demonstrated that there was no benefit?

25 MR. SMITH: Objection to form.

1 A. Sir, I don't know off the top of my
2 head.

3 Q. And the Endocrine Society did not
4 explain which situation they were relying on, correct?

5 MR. SMITH: Objection to form.

6 A. One moment, please. So within the body
7 of the text in each section, the Endocrine Society
8 describes the evidence base, the values and
9 preferences and then makes remarks.

10 So regarding Recommendation 2.3, which
11 is a strong recommendation, based on low quality
12 evidence, they state that these recommendations place
13 a high value on avoiding unsatisfactory physical
14 outcome when secondary sexual characteristics become
15 manifest and irreversible, a higher value on
16 psychological well-being and a lower value on avoiding
17 potential harm from early pubertal suppression. So
18 they provided justification for their recommendation.
19 But with respect to your narrow question, do they
20 specifically identify the situation number from Table
21 4.2 -- I'm sorry, from Table 4 in Exhibit 16, they do
22 not provide that level of detail, sir.

23 BY MR. RAMER:

24 Q. And you've never independently
25 determined which situation from Table 4 in Exhibit 16

1 A. Can you repeat your question again,
2 sir?

3 BY MR. RAMER:

4 Q. Are you aware of any situations where
5 observational studies said an intervention was
6 beneficial, but higher quality studies subsequently
7 demonstrated that there was no benefit?

8 MR. SMITH: Same objection.

9 A. So I could not, off the top of my head,
10 cite you specific observational studies and specific
11 higher quality studies. I am aware of general
12 categories of medical treatment in which I believe
13 that phenomena has occurred, sir.

14 BY MR. RAMER:

15 Q. If there were a strong recommendation
16 against an intervention under the GRADE methodology,
17 do you think a state would be justified in banning the
18 use of that intervention?

19 MR. SMITH: Objection to form. It
20 calls for speculation.

21 A. I don't know, sir.

22 BY MR. RAMER:

23 Q. Do you think genital surgeries on
24 infants and young children with DSDs should be banned?

25 MR. SMITH: Objection to form.

1 A. So, again, sir, that's not a specific
2 topic on which I've formed a firm opinion, sir.

3 BY MR. RAMER:

4 Q. Do you think they should be limited to
5 a research context?

6 MR. SMITH: Objection to form.

7 A. So, in general, sir, I think that
8 medical decision-making best occurs in a shared
9 decision-making process between patients, their
10 parents and their health care providers, and in
11 general, guidelines are as such, guidelines that make
12 general recommendations and that there may be unique
13 situations in which differing from a guideline may be
14 indicated, so, in particular, as a general principle,
15 would see banning a procedure as inappropriately
16 interfering with a patient's and their provider's
17 clinical decision-making.

18 BY MR. RAMER:

19 Q. Are you familiar with the phrase
20 "conversion therapy"?

21 A. I am, sir.

22 Q. What's your understanding of that
23 phrase?

24 A. My understanding of the initial use of
25 that phrase was interventions such as shock therapy

1 understanding is there's complexity in the details in
2 terms of being able to clearly specify what
3 constitutes conversion therapy and what does not
4 constitute conversion therapy, so that, in principle,
5 there would be justification for prohibiting
6 conversion therapy, particularly if it was utilized on
7 individuals who did not wish to reidentify with their
8 sex assigned at birth. But, again, I think that there
9 is complexity in terms of the ability to specify what
10 constitutes conversion therapy and what does not
11 constitute conversion therapy.

12 BY MR. RAMER:

13 Q. You agree that it is important --
14 sorry, shifting topics just a little bit. You agree
15 that it is important for developers of clinical
16 practice guidelines to be transparent about their
17 policies for the management of conflicts of interest,
18 correct?

19 MR. SMITH: Objection to form.

20 A. As a general principal, yes.
21 Developers of clinical practice guidelines should have
22 methods for addressing potential conflicts of interest
23 and be transparent regarding those processes.
24 (Exhibit 17 was marked for
25 identification.)

1 that were used to potentially change an individual's
2 sexual orientation or to decrease homosexual desires,
3 sir.

4 Q. Are you familiar with the use of the
5 phrase "conversion therapy" in the context of gender
6 dysphoria?

7 A. Yes, sir.

8 Q. What's your understanding of the use of
9 the phrase "conversion therapy" in the context of
10 gender dysphoria?

11 A. It would be an analogous use as, in
12 this case, applying to, generally, psychological
13 interventions that seek to have individuals reidentify
14 with their sex assigned at birth, sir.

15 Q. Do you think that practice should be
16 banned?

17 MR. SMITH: Objection to form.

18 A. Again, this is another subject on which
19 I haven't developed a firm opinion, sir.

20 BY MR. RAMER:

21 Q. You do not have an opinion as to
22 whether conversion therapy with respect to gender
23 dysphoria should be banned; is that correct?

24 MR. SMITH: Objection to form.

25 A. So I think that my general

1 BY MR. RAMER:

2 Q. Doctor, you've been handed what's been
3 marked as Exhibit 17. Does this appear to be Appendix
4 A to the WPATH SOC-8 entitled "Methodology"?

5 A. Yes, sir, it does.

6 Q. And on this first page, which is
7 numbered S247, the left column, first paragraph, the
8 last couple sentences, including the citation
9 sentence, I'm first going to read those and ask if I
10 read them correctly. It says, "The process for
11 development of the SOC-8 incorporated recommendations
12 on clinical practice guideline development from the
13 National Academies of Medicine and the World Health
14 Organization that addressed transparency, the
15 conflict-of-interest policy, committee composition and
16 group process. (Institute of Medicine Committee on
17 Standards for Developing Trustworthy Clinical
18 Practice, 2011; World Health Organization, 2019a)."
19 Did I read that correctly?

20 A. You did, sir.

21 Q. Are you familiar with the two documents
22 cited here?

23 A. So, sir, you've provided me a copy of
24 the appendix, but you've not provided me a copy of the
25 references, and so it'd be helpful, to answer your

1 question, to see the full reference for the two titles
2 which are cited.

3 Q. Do you know whether the authors of the
4 SOC-8 adhered to the recommendations from the National
5 Academies of Medicine and the World Health
6 Organization with respect to managing conflicts of
7 interest?

8 MR. SMITH: Objection to form. Calls
9 for speculation.

10 A. Sir, I have not had occasion to make
11 that formal comparison.

12 BY MR. RAMER:

13 Q. Do you have any personal knowledge of
14 how the authors of the SOC-8 managed conflicts of
15 interest?

16 MR. SMITH: Objection to form.

17 A. I have no knowledge of how they managed
18 conflicts of interest beyond what's described in this
19 methodology appendix, sir.

20 BY MR. RAMER:

21 Q. Sticking with Exhibit 17, I'd like to
22 go to S250.

23 A. I'm on page S250, sir.

24 Q. And the right column, there's a bold
25 "3.9. Grading criteria for statements." Do you see

1 MR. SMITH: Objection to form.

2 A. So, sir, as I read this listing, their
3 four criteria, the authors do not provide an and or an
4 or as to say whether or not all of the criteria are
5 necessary or only whether a subset of the criteria are
6 necessary.

7 BY MR. RAMER:

8 Q. You would agree that the evidence base
9 for medical interventions to treat gender dysphoria in
10 adolescence is not high quality under GRADE, correct?

11 MR. SMITH: Objection to form.

12 A. So as a general matter and as reflected
13 by the Endocrine Society's clinical practice
14 guideline, the evidence is not high quality, nor is
15 the evidence high quality in the clinical practice
16 guidelines in a variety of areas, and as you've
17 previously read, sir, that strong recommendations may
18 be based on low or very low quality evidence,
19 particularly depending on the six criteria or the five
20 paradigmatic instances in the table that you referred
21 to, so, again, trying to place this statement within a
22 larger context, sir.

23 BY MR. RAMER:

24 Q. In looking at the part of Section 3.9
25 in Exhibit 17 that we were just discussing, where it

1 that?

2 A. I do, sir.

3 Q. And about halfway down the section,
4 there's the beginning of a sentence that says, "The
5 statements were classified as," and then there's a
6 colon, and then there's a number of bullets. Do you
7 see where I'm referring to?

8 A. I see a section that has two major
9 bullets and then, within those major bullets, a number
10 of sub-bullets, sir.

11 Q. And the first -- well, beginning with
12 the first bullet after the phrase "The statements were
13 classified as," that first bullet says, "Strong
14 recommendations ('we recommend') are for those
15 interventions/therapy/strategies where." Next bullet
16 says, "the evidence is of high quality," and the next
17 bullet says, "estimates of the effect of an
18 intervention/therapy/strategy (i.e., there is a high
19 degree of certainty effects will be achieved in
20 practice)." Do you see that?

21 A. I do, sir.

22 Q. And so according to this appendix,
23 recommendations in the SOC-8 that begin with the
24 phrase "we recommend" were made when the evidence is
25 of high quality, correct?

1 says "the evidence is of high quality," and is it --
2 are you saying that you do not know whether this list
3 here is conjunctive or disjunctive?

4 MR. SMITH: Objection to form.

5 A. So, sir, it's my understanding of the
6 GRADE approach, which the authors of SOC-8 described
7 it as using, so reading at the beginning of 3.9, "Once
8 the statements passed the Delphi process, chapter
9 members graded each statement using a process adapted
10 from the Grading of Recommendations, Assessment,
11 Development and Evaluation framework." I apologize
12 for reading so quickly. Do you want me to go back?
13 Sorry.

14 "Once the statements passed the Delphi
15 process, chapter members graded each statement using a
16 process adapted from the Grading of Recommendations,
17 Assessment, Development and Evaluation," parentheses,
18 "(GRADE)" all in caps, closed parentheses,
19 "framework." And Grading and Recommendations,
20 Assessment, Development and Evaluation are all
21 capitalized.

22 So they're making reference to the
23 GRADE approach, which we previously reviewed, and the
24 GRADE approach permits strong recommendations to, in
25 some instances, be based on low or very low quality

1 evidence. So I'm trying to reconcile those two
2 statements, sir, because it would be difficult for me
3 to believe that if they're using the GRADE approach,
4 they would exclusively say that strong recommendations
5 can only be made on high quality evidence.

6 BY MR. RAMER:

7 Q. And so are you now saying that you
8 think that the list of bullets below "Strong
9 recommendations are for those
10 interventions/therapy/strategies where:," you're
11 saying you think that that list of bullets is
12 disjunctive?

13 MR. SMITH: Objection to form.

14 A. Sir, there are times in which the
15 estimated effect on the intervention/therapy/strategy
16 or the "few downsides of therapy/intervention or
17 strategy" may be sufficient based on those
18 paradigmatic examples to make a strong recommendation
19 based on low or very low quality evidence.

20 And so I think that there may be some
21 ways in which this list, in some instances, is
22 disjunctive. I'm saying I don't know, because after
23 the third bullet point, there is not an and/or and or.
24 So, again, trying to reconcile the first paragraph
25 saying that they're using the GRADE approach with this

1 that gender-affirming hormone therapy is preferable to
2 psychotherapy alone.

3 BY MR. RAMER:

4 Q. Are you aware of any study comparing
5 the effectiveness of psychotherapy alone to the
6 effectiveness of hormone therapy as a treatment for
7 gender dysphoria?

8 MR. SMITH: Objection to form.

9 A. So I believe that there are studies
10 that provide indirect evidence regarding that topic,
11 although they are not, say, explicitly designed to
12 test that comparison, sir.

13 BY MR. RAMER:

14 Q. And indirectness is a potential study
15 limitation under the GRADE methodology, correct?

16 MR. SMITH: Objection to form.

17 A. Indirectness, as used by the GRADE
18 approach, refers to something else, sir. It's the
19 same term, but it means something else in GRADE.
20 Indirectness in the GRADE approach would mean that
21 there's a difference between the population that is
22 studied and the population in which the intervention
23 would be implemented. So, for example, if a procedure
24 was only done on individuals with a body mass index
25 less than 30 and it was implemented in a population of

1 description and trying to fit those two parts of
2 their, the methodology that they're describing
3 together, sir.

4 BY MR. RAMER:

5 Q. So the answer is you don't know what
6 they're saying, correct?

7 MR. SMITH: Objection. Asked and
8 answered.

9 A. I understand parts of what they're
10 saying, sir, and there are residual parts that are
11 not entirely clear to me, sir.

12 BY MR. RAMER:

13 Q. You agree there is some uncertainty as
14 to whether hormones are more effective in treating
15 gender dysphoria than psychotherapy alone, correct?

16 MR. SMITH: Objection to form.

17 A. Sir, the evidence base for
18 psychotherapy alone, to the best of my knowledge, is
19 based on anecdotal evidence, and that the evidence for
20 the use of gender-affirming hormone therapy is low or
21 very low quality evidence, which would be higher than
22 the quality of evidence for the use of psychotherapy
23 alone. So there could be further improvements in the
24 evidence base to reduce the uncertainty, but I think
25 there is a reasonable level of certainty currently

1 individuals whose body mass index was above 30, that
2 would be using the GRADE's terminology category of
3 indirectness, not in the way in which I used
4 indirectness in my earlier testimony, sir.

5 BY MR. RAMER:

6 Q. And so what were the studies you were
7 referring to in answer to that question that you think
8 provides some form of indirect evidence?

9 A. There are studies that compare
10 individuals who are receiving gender-affirming medical
11 care to individuals who remain on a wait list who are
12 presumably receiving mental health care during their
13 time on the wait list.

14 Q. You are aware of multiple studies along
15 the lines you just described?

16 A. I'm aware, off the top of my head right
17 now, of at least two such studies, sir.

18 Q. Other than Costa, what study are you
19 referring to?

20 A. There's a more recent, I believe,
21 randomized control trial of gender-affirming medical
22 care potentially -- again, I'd have to look --
23 potentially in adults that looked at individuals over
24 a three-month period of time, as they thought that was
25 the maximally ethically acceptable duration given

1 their existing wait list times.

2 Q. And if that study is assessing adults,
3 then you would have an indirectness problem under the
4 GRADE methodology, correct?

5 MR. SMITH: Objection to form.

6 A. Yes, sir, which would not mean that the
7 result were meaningless or had no applicability, as
8 there are frequently the extrapolation of adult
9 studies to pediatric population.

10 BY MR. RAMER:

11 Q. But it would be a potential study
12 limitation, correct?

13 MR. SMITH: Objection to form.

14 A. Yes, sir, it would.

15 BY MR. RAMER:

16 Q. If there were a cohort study in which
17 researchers are comparing transgender adolescents
18 receiving cross-sex hormones to transgender
19 adolescents who, for whatever reason, are not
20 receiving cross-sex hormones, you could not say
21 unequivocally that that study would be unethical,
22 correct?

23 MR. SMITH: Objection to form and calls
24 for speculation.

25 A. Can you repeat your question, sir, just

1 puberty blockers, correct?

2 MR. SMITH: Objection to form. Calls
3 for speculation.

4 A. Again, sir, you're -- I believe that
5 you're asking for a question that asks me whether I
6 will have certainty. It's not possible to have
7 certainty about such a vague hypothetical.

8 BY MR. RAMER:

9 Q. And the question is so you are unable
10 to say that a study of that design is unequivocally
11 unethical, right?

12 MR. SMITH: Objection to form and calls
13 for speculation.

14 A. So, sir, having given considerable
15 thought to the hypothetical that you're framing, I
16 would say that I think that the situations in which
17 the design itself might not be quote, unquote,
18 unethical, that it might be meaningless, because it
19 would not provide any meaningful comparison between
20 the two groups and, therefore, be unethical, because
21 it would be unlikely to make meaningful contribution
22 to generalizable knowledge.

23 So as a case of first impression, I
24 think it would be highly unlikely that it would be
25 unethical for a variety of different reasons, but

1 so I understand it correctly?

2 BY MR. RAMER:

3 Q. If there were a cohort study in which
4 researchers are comparing transgender adolescents
5 receiving cross-sex hormones to transgender
6 adolescents who, for whatever reason, are not
7 receiving cross-sex hormones, you could not say
8 unequivocally that that study would be unethical,
9 correct?

10 MR. SMITH: Same objections.

11 A. So, sir, that information that you're
12 providing is exceptionally thin. If the cohort of
13 individuals who were receiving gender-affirming
14 hormone therapy had gender dysphoria and the
15 individuals who were not receiving gender-affirming
16 hormone therapy did not have gender dysphoria, in some
17 way, that might be ethical. It would be hard for me
18 to construe that it would be meaningful but, yes, in
19 the exceptionally broad and vague terms that you
20 framed it. I couldn't have a certainty that it would
21 be unethical, because there's not enough details
22 provided in order to draw such a specific conclusion.

23 BY MR. RAMER:

24 Q. And the same will be true if it was the
25 same study design but for patients who are receiving

1 again, it's difficult, on the first impression, to
2 answer with certainty, because I would anticipate you
3 wish me to be accurate and that the hypothetical is so
4 vague and general.

5 BY MR. RAMER:

6 Q. So you don't believe you've ever been
7 asked that question before?

8 MR. SMITH: Objection to form.

9 A. To the best of my knowledge, sir, I
10 don't believe I've been asked that question before.

11 BY MR. RAMER:

12 Q. If you had been asked that question
13 before, it is no longer a question of first impression
14 in this deposition, correct?

15 MR. SMITH: Objection to form.

16 A. Sir, I take it that a question of first
17 impression may have a technical sense in the law, and
18 I'm not a lawyer, but even if I had been asked that
19 question before doesn't mean that I've given
20 considerable attention to the question. You may have
21 asked that question now, and I haven't given
22 considerable thought to it in this deposition and,
23 upon leaving this deposition, not give considerable
24 thought to it again and have no better answer should I
25 be asked the same question in a future deposition,

1 sir.

2 BY MR. RAMER:

3 Q. A government regulation concluding
4 that, going forward, puberty blockers and cross-sex
5 hormones would be provided as a treatment for gender
6 dysphoria, only within a research context, would not
7 be unethical, correct?

8 MR. SMITH: Objection to form. Calls
9 for speculation.

10 A. Again, sir, it's a broad question, and
11 I would say that in order to answer your question, it
12 would depend on the nature of the research, sir.

13 Q. In your deposition in Boe versus
14 Marshall, you were -- when you were asked whether the
15 Swedish government's recommendation that, going
16 forward, puberty blockers and cross-sex hormones would
17 be provided only within a research context, you were
18 asked whether that recommendation was unethical, and
19 you said you do not think it is unethical, correct?

20 MR. SMITH: Objection to form.

21 A. So, again, sir, I don't recall what you
22 care to indicate where in the -- I'm sorry. I don't
23 recall whether in your framing it was trial testimony
24 or in deposition where that question was raised.
25

1 immediately preceding this, the questioner states:

2 "All right. Do you see about halfway down on the
3 page, it says: To ensure that new knowledge is
4 gathered, the NBHW further deems that treatment with
5 GnRH analogues and sex hormones for young people
6 should be provided within a research context, which
7 does not necessarily imply the use of randomized
8 control trials, RCTs," with an S, which is small. And
9 so there's additional context that provides additional
10 specificity to the question that's being asked, which
11 allows me to give a more accurate answer.

12 So in the question that you asked me
13 here today, you said research studies in general. In
14 the context of this question, it was specifically
15 referring to potentially prospective observational
16 studies instead of randomized control trials, and that
17 degree of specificity enables me to provide an answer
18 in a larger context, sir.

19 Q. So a government regulation concluding
20 that, going forward, puberty blockers and cross-sex
21 hormones, as a treatment for gender dysphoria, would
22 be provided only within a research context, including
23 observational studies, would not be unethical correct?
24

25 MR. SMITH: Objection to form and calls
for speculation.

1 BY MR. RAMER:

2 Q. Let's go to Exhibit 2, which is your
3 deposition, small page 196 and line 18, running
4 through line 3 of page 197.

5 A. One moment, please.

6 Q. Well, I'll read it.

7 A. No, no. I'm just reading the
8 background information, the background questions.

9 Q. Gotcha.

10 A. Okay. Go ahead, sir.

11 Q. So beginning on page 196, line 18,
12 "Question: So the Swedish government is concluding
13 that going forward, puberty blockers and cross-sex
14 hormones should be provided only within a research
15 context; is that correct?

16 "Answer: That is correct, sir.

17 "Question: And you don't consider that
18 recommendation unethical, do you?

19 "Answer: One minute. I am just
20 reading the paragraphs.

21 "Question: Sure.

22 "Answer: So, in general, I don't sir."

23 Did I read that correctly?

24 A. You did, sir, but, again, you're only
25 reading portions of the transcript. So in the lines

1 A. I wouldn't say "including."
2 Potentially excluding randomized control trials would
3 be more likely to make it ethical, sir, or acceptable,
4 sir.

5 BY MR. RAMER:

6 Q. You are not aware of any observational
7 study that draws causal conclusions about the safety
8 or efficacy of gender-transition interventions,
9 correct?

10 MR. SMITH: Objection to form.

11 A. So, sir, I don't understand the nature
12 of your question in terms of the language of both
13 causal in terms of safety and efficacy.

14 BY MR. RAMER:

15 Q. Can a researcher -- let me start again.

16 Can an observational study provide
17 enough confidence that a researcher could say the
18 evidence from this observational study shows us that
19 the use of a particular medical intervention causes
20 improvement in mental health?

21 MR. SMITH: Objection to form.

22 A. So, sir, I believe that there are
23 increasing developments within study design and
24 statistical analysis have permitted causal inferences
25 to be drawn from observational studies. I would say

1 in particular the Chen study analyzed their results to
 2 look at a potential association between changes in an
 3 individual's body as a result of gender-affirming
 4 hormone therapy and its association with improvements
 5 in mental health and found a positive association,
 6 which would suggest potentially or provide evidence
 7 for the fact that the gender-affirming hormone therapy
 8 was a cause for the improvement in mental health as
 9 opposed to other factors.

10 So to the question of what is
 11 sufficient evidence, I think that that's often a
 12 complex consideration, but there are ways in which
 13 increasingly observational studies can provide some
 14 degree of information about causes.

15 BY MR. RAMER:

16 Q. And are you aware of any observational
 17 study that expressly draws causal conclusions about
 18 the effect of gender-transition interventions?

19 MR. SMITH: Objection to form.

20 A. I don't recall the studies in which
 21 I've read to that degree of specificity that I can
 22 answer your question at this time, sir.

23 MR. RAMER: Time for a break. Been
 24 going about an hour. Let's take a quick one.
 25 We'll go off the record.

1 BY MR. RAMER:

2 Q. Can you name a study showing that
 3 permanent suppression of endogenous puberty has no
 4 negative effect on neurodevelopment?

5 MR. SMITH: Objection to form.

6 A. Sir, what do you mean by "permanent
 7 suppression of endogenous puberty"?

8 BY MR. RAMER:

9 Q. What do you understand that phrase to
 10 mean?

11 A. I generally understand suppression of
 12 endogenous puberty to be the effect of the use of GnRH
 13 analogues. I generally understand the use of GnRH
 14 analogues to be time limited. I guess I don't
 15 generally think of the use of gender-affirming
 16 hormones as the permanent suppression of endogenous
 17 puberty, and that's why I was asking you to clarify,
 18 sir, what you meant by that term.

19 Q. A person who begins puberty suppression
 20 at Tanner stage 2 and then proceeds on to cross-sex
 21 hormones for the rest of their life will never go
 22 through endogenous puberty, correct?

23 MR. SMITH: Objection to form.

24 A. I believe that that situation could be
 25 expressed in that way, sir.

1 VIDEOGRAPHER: We are now going off
 2 record. The time is 12:43.

3 (A recess was taken from 12:43 to
 4 12:50.)

5 VIDEOGRAPHER: We are now back on the
 6 record. The time is 12:50. You may continue.

7 BY MR. RAMER:

8 Q. Welcome back, Doctor. You are a member
 9 of AAP, correct?

10 MR. SMITH: Objection to form.

11 A. I am a fellow of the American Academy
 12 of Pediatrics.

13 BY MR. RAMER:

14 Q. And that's what I mean when I say
 15 "AAP." Were you involved with AAP's review of the
 16 WPATH Standards of Care 8?

17 A. No, sir. I was not.

18 Q. You have never spoken personally with a
 19 detransitioner, correct?

20 MR. SMITH: Objection to form.

21 A. I have heard multiple individuals who
 22 describe themselves as detransitioners speak and
 23 testify but not had a personal conversation with such
 24 an individual, sir.
 25

1 BY MR. RAMER:

2 Q. And can you name a study showing that
 3 that process with respect to endogenous puberty has no
 4 negative effect on neurodevelopment?

5 MR. SMITH: Objection to form.

6 A. Meaning, for example, an autopsy study
 7 of people after they've died, so lifelong being never
 8 in their entire natural life, sir?

9 BY MR. RAMER:

10 Q. I don't understand what you're asking.

11 A. You're asking a question about this
 12 hypothetical, potentially a hypothetical study of the
 13 quote, unquote, permanent suppression of endogenous
 14 puberty. Presumably, the permanent one only knows
 15 that it's permanent if one dies in that state.

16 So are you asking -- I'm trying to
 17 understand your question, sir. So are you asking me
 18 am I aware of a study that is a, say, for example, a
 19 postmortem study of individuals who have died having
 20 started GnRH analogues at Tanner stage 2 and then
 21 continued on gender-affirming hormone therapy until
 22 their natural death? No, sir. I'm not aware of such
 23 a study.

24 Q. Can you name a study showing that
 25 suppression of endogenous puberty past a person's 30th

1 birthday has no negative effect on neurodevelopment?

2 MR. SMITH: Objection to form.

3 A. So until recently, I'm not aware that
4 there were substantial concerns of the effect of such
5 treatment on neurodevelopment. And, no, sir, I'm not
6 aware of any such study that looked at that as an
7 explicit outcome as opposed to potentially an implicit
8 outcome. Given if there were substantial negative
9 effects on neurodevelopment, it might become apparent
10 in the individuals, say, well before their 30th
11 birthday while undergoing that treatment, sir.

12 BY MR. RAMER:

13 Q. Have you ever discussed the use of
14 puberty blockers as a treatment for gender dysphoria
15 with a representative from a pharmaceutical company?

16 MR. SMITH: Objection to form.

17 A. No, sir, I have not.

18 BY MR. RAMER:

19 Q. Have you ever discussed the use of
20 cross-sex hormones as a treatment for gender dysphoria
21 with a representative from a pharmaceutical company?

22 MR. SMITH: Objection to form.

23 A. No, sir, I have not, or to the best of
24 my knowledge, sir, I have not.
25

1 BY MR. RAMER:

2 Q. Would you ever describe medicalized
3 transition for adolescents as life saving?

4 A. Although I would have reason to believe
5 that, in certain instances, it might be life saving,
6 it would not be a typical description that I would
7 use, sir.

8 Q. There is no evidence to support the
9 statement that medicalized transition for adolescents
10 is life saving, correct?

11 MR. SMITH: Objection to form.

12 A. And by "life saving," what do you mean,
13 sir?

14 BY MR. RAMER:

15 Q. I'll ask it this way. Can you name any
16 study demonstrating that medical transition for
17 adolescents reduces the rate of completed suicides
18 among any population of transgender adolescents?

19 MR. SMITH: Objection to form.

20 A. No, sir. I'm not aware of such a
21 study.

22 BY MR. RAMER:

23 Q. Would you tell patients that
24 medicalized transition for adolescents is life saving?
25

MR. SMITH: Objection to form.

1 A. Sir, I believe I previously stated I
2 would not. So, in general, as we previously
3 discussed, it would be outside of the scope of my
4 practice to prescribe GnRH analogues or
5 gender-affirming hormone therapy. So I would not
6 generally be in the position of describing these
7 treatment interventions to parents, particularly not
8 in the informed-consent process, but, in general, that
9 would not be language that I would utilize if I
10 were -- if I imagined myself in such a position, sir.
11 BY MR. RAMER:

12 Q. I'd like to go to Exhibit 5, which is
13 your either report or one of your reports from the
14 Brandt case, and I'd like to go to page 19, paragraph
15 53 and the very last sentence. I'll read it and ask
16 if I read it correctly. It says, "For some
17 transgender adolescents, gender-affirming medical care
18 is lifesaving." Did I read that correctly?

19 A. You did, sir, and I think it's
20 consistent with what I've testified here today about
21 that the qualification here is some, and I take your
22 prior questions to be a general statement about the
23 entire population as opposed to a question about a
24 subpopulation, sir.

25 Q. Why don't you say that it is lifesaving

1 in your declaration in this case?

2 MR. SMITH: Objection to form.

3 A. Can you repeat your question, sir?

4 BY MR. RAMER:

5 Q. Why do you not say that medicalized
6 transition for adolescents is lifesaving in your
7 declaration that you filed in this case?

8 A. I don't know, sir. I don't know that
9 there was ever an intentional decision not to state
10 that as your question implies. As I've previously
11 testified here today, it would not be a general way in
12 which I would describe gender-affirming medical care.

13 MR. RAMER: Dr. Antommara, thank you
14 very much for your time today. Subject to any
15 follow up from, questions from your counsel,
16 those are all the questions that I have for
17 you today.

18 MR. SMITH: No questions from us.

19 Can I just state for the record that
20 counsel for plaintiffs would like a copy of
21 the transcript and the rough, no video, and we
22 would like to have Dr. Antommara review and
23 sign the transcript.

24 VIDEOGRAPHER: All right.

25 MR. RAMER: We can go off.

VIDEOGRAPHER: This concludes the deposition of Dr. Antommara. The time on the screen is 12:59, and we are now off record.

DEPOSITION CONCLUDED AT 12:59 P.M.

CERTIFICATE

State of Ohio :

: SS

County of Hamilton :

I, Susan M. Gee, RMR, CRR, the undersigned, a duly commissioned notary public within and for the State of Ohio, do hereby certify that before the giving of his aforesaid deposition, ARMAND ANTOMMARA, M.D., was by me first duly sworn to depose the truth, the whole truth and nothing but the truth; that the foregoing is the deposition given at said time and place by ARMAND ANTOMMARA, M.D.; that said deposition was taken in all respects pursuant to stipulations of counsel; that I am neither a relative of nor employee of any of their parties or their counsel, and have no interest whatever in the result of the action; that I am not, nor is the court reporting firm with which I am affiliated, under a contract as defined in Civil Rule 28(D).

IN WITNESS WHEREOF, I have hereunto set my hand and official seal of office at Cincinnati, Ohio, on this 28th day of October, 2024.

My commission expires: S/ Susan M. Gee, RMR, CRR September 20, 2025. Notary Public - State of Ohio

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